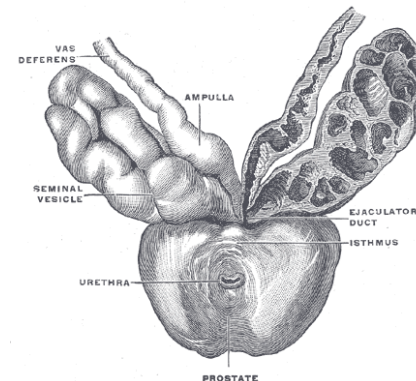


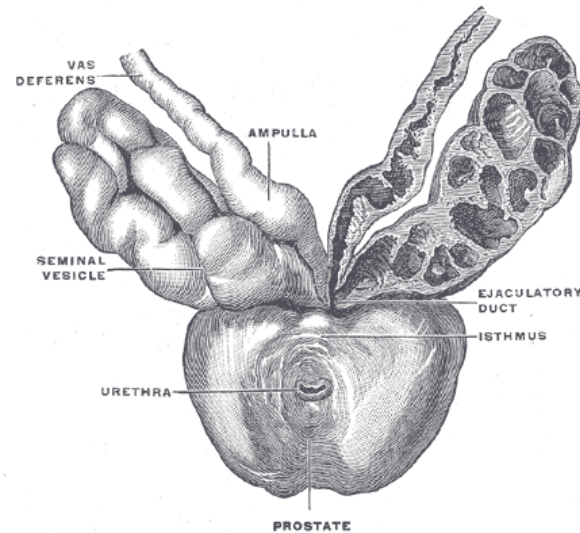


# Management of castration resistant prostate cancer after first line hormonal therapy fails

Simon Crabb

Senior Lecturer in Medical Oncology

University of Southampton



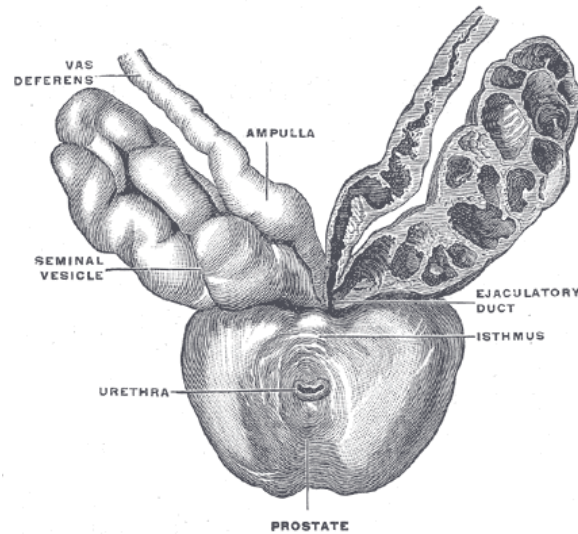
**WHAT ARE THE AIMS OF  
TREATMENT?**

Cure?

Nothing I will discuss today will cure anyone.  
We need to remember to mention this to our patients.

# Other aims that matter to our patients

- Prolonged survival
- Improved quality of life
- Reduction in pain
- Reduction in skeletal related events
- Time to do things
- Improved progression free survival
- Reduction in PSA



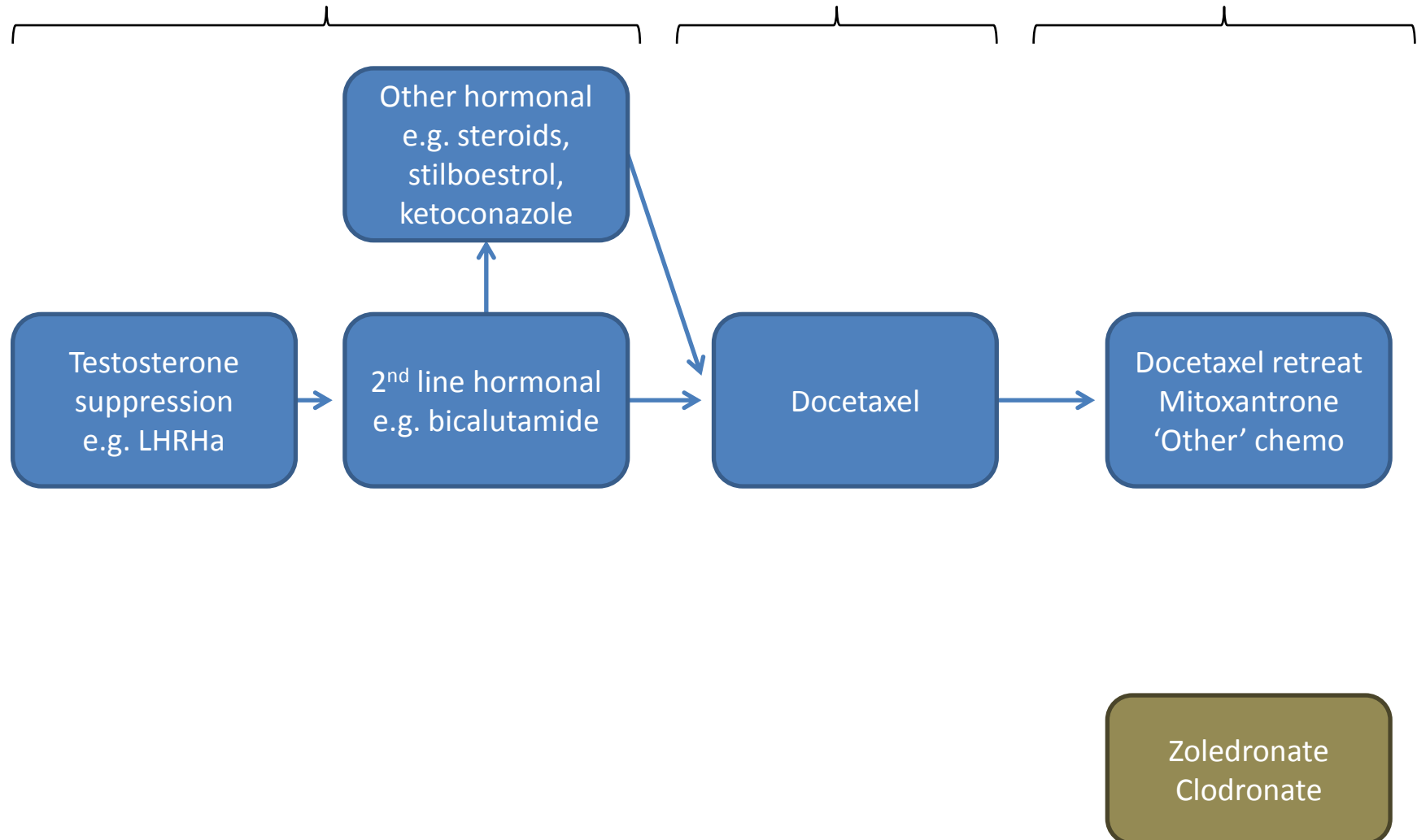
# GENERAL OPTIONS FOR TREATMENT

# Metastatic prostate cancer – 2010

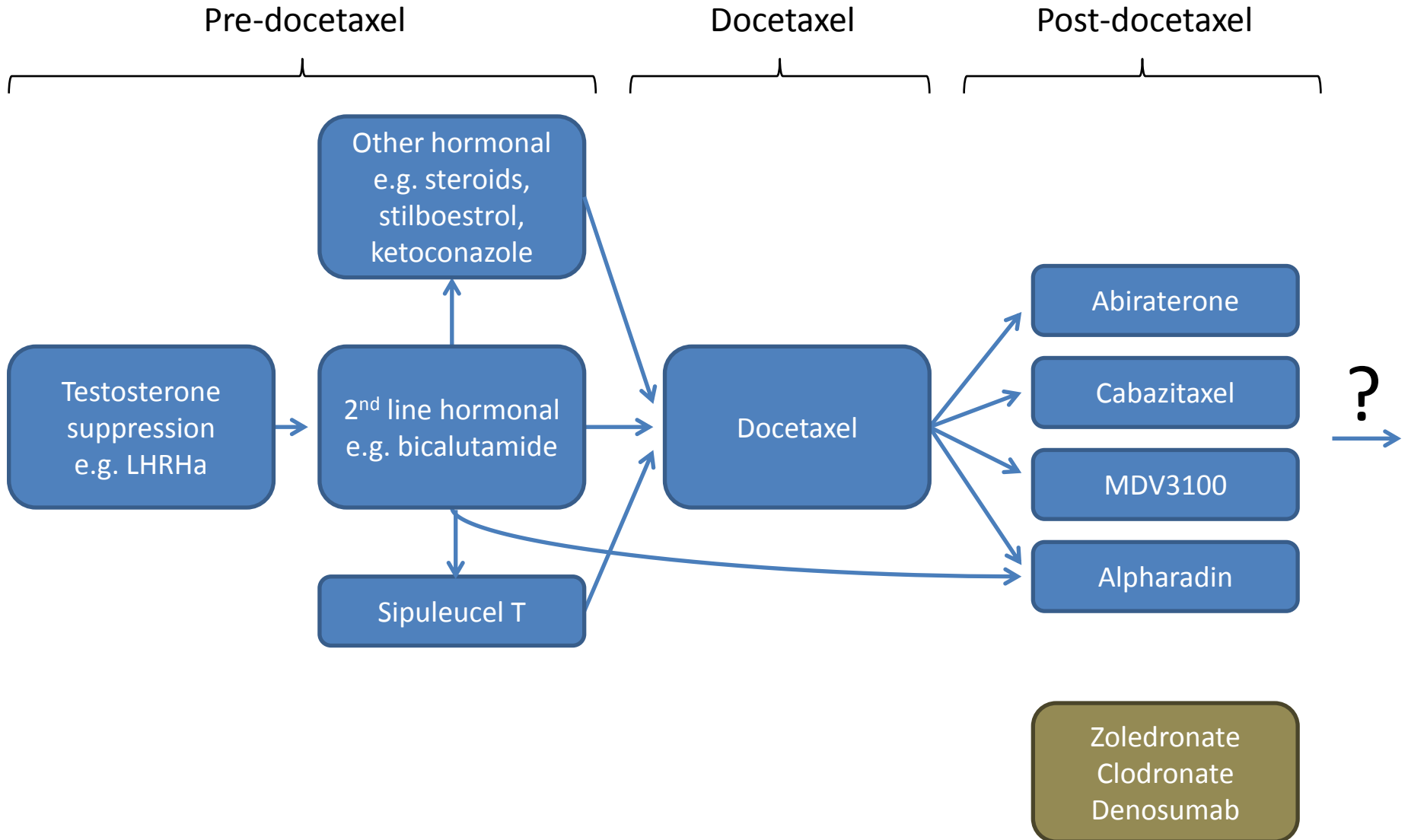
Pre-docetaxel

Docetaxel

Post-docetaxel

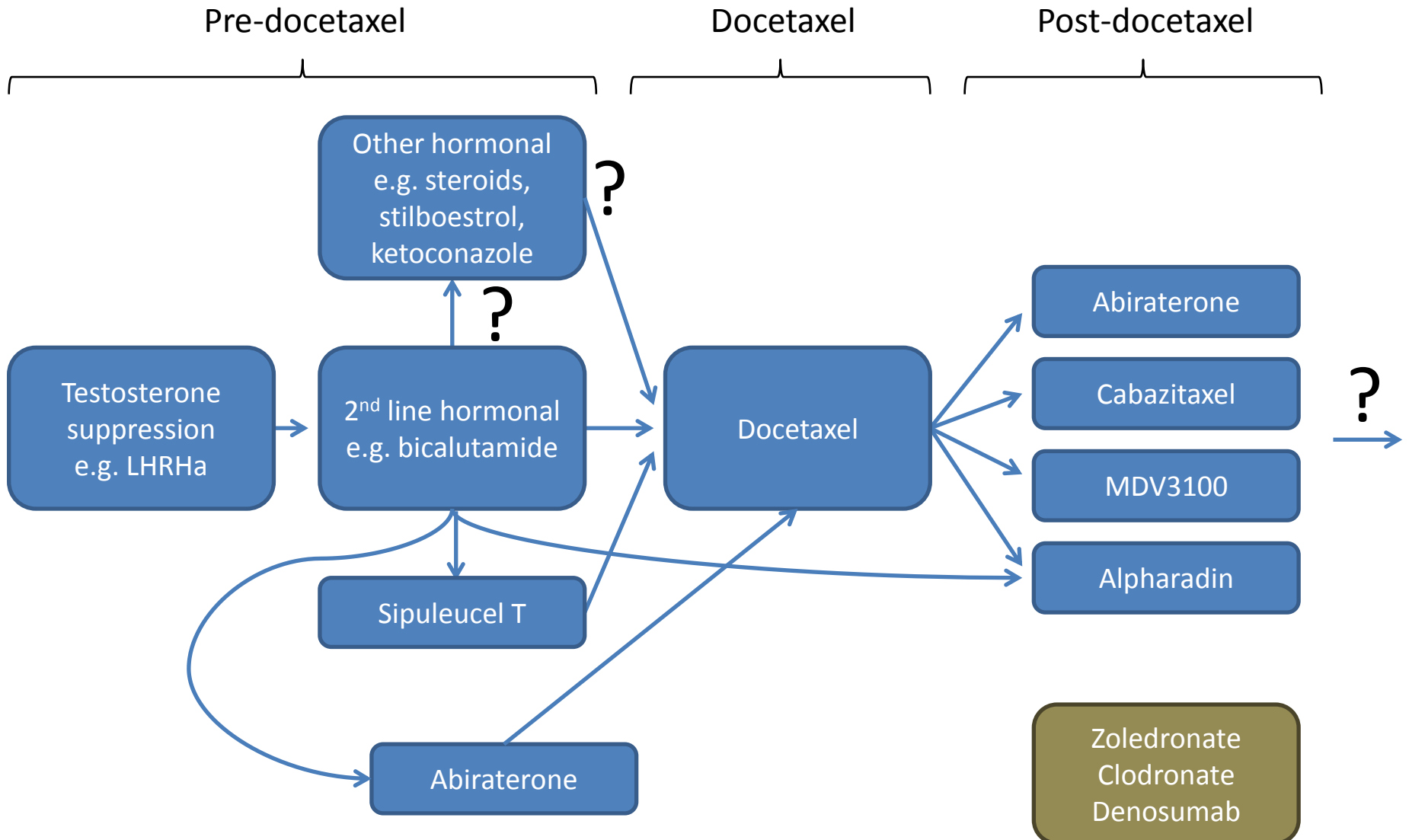


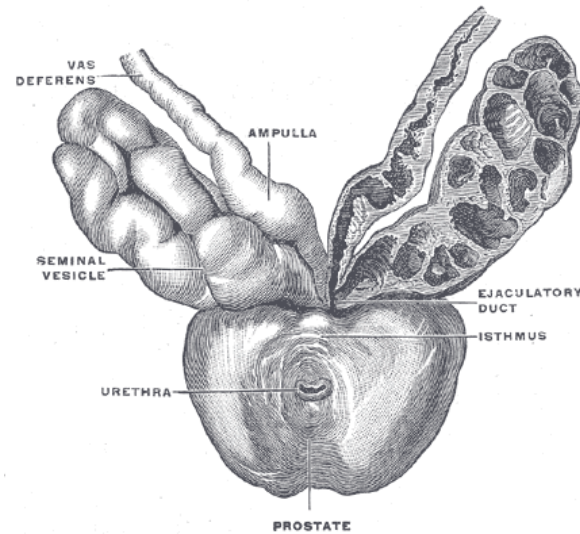
# Metastatic prostate cancer – 2012





# Metastatic prostate cancer – 2013

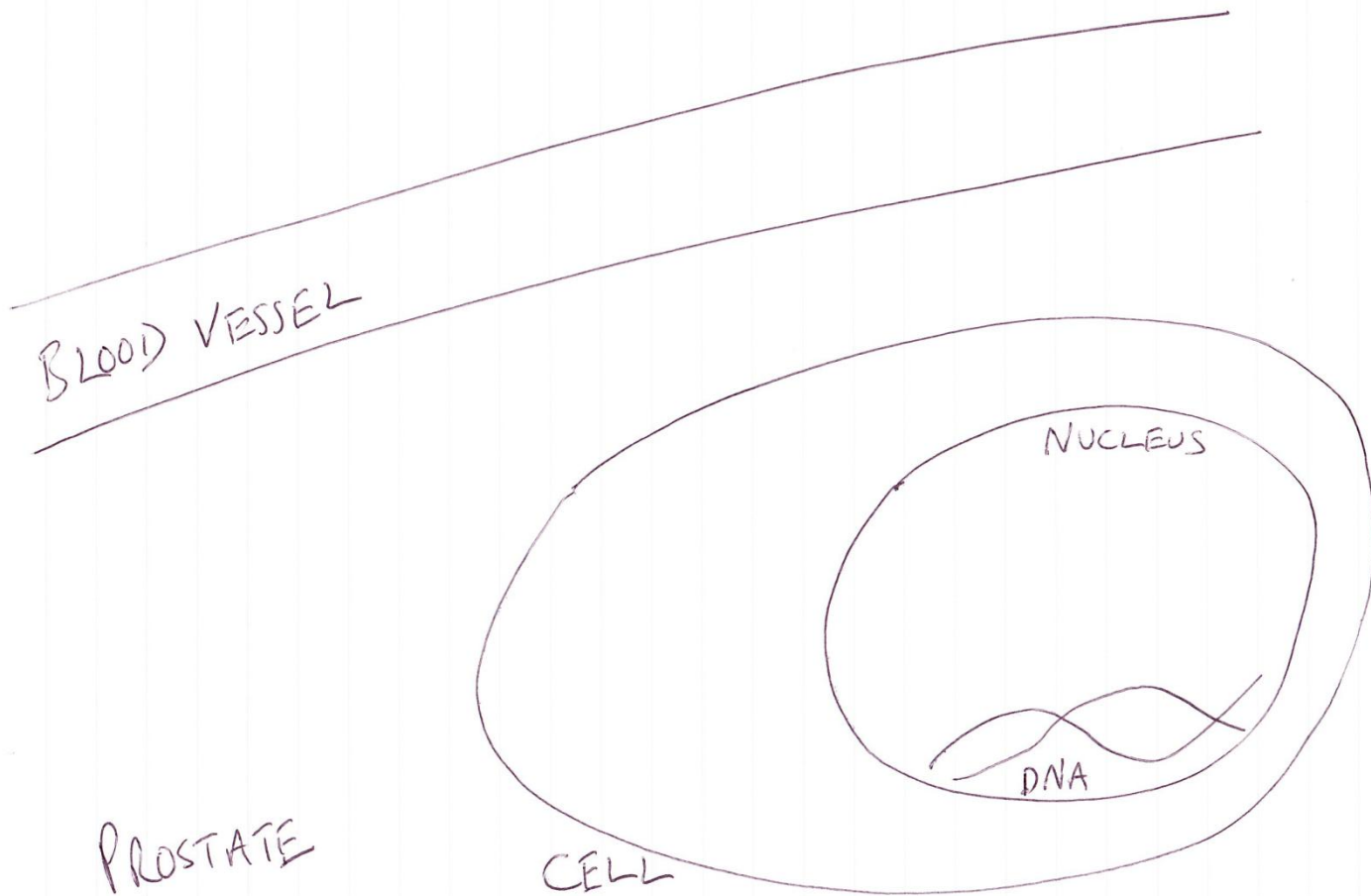


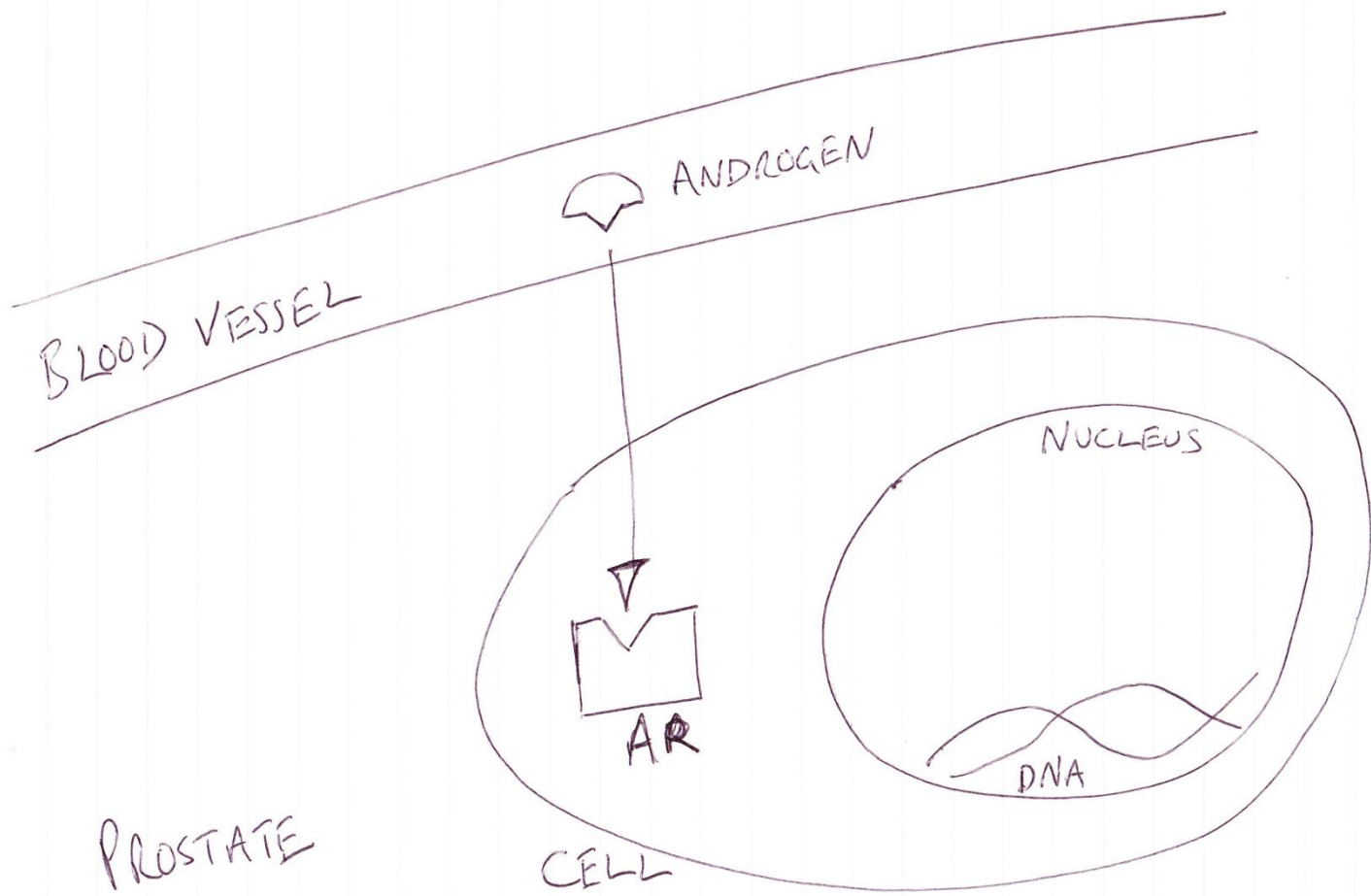


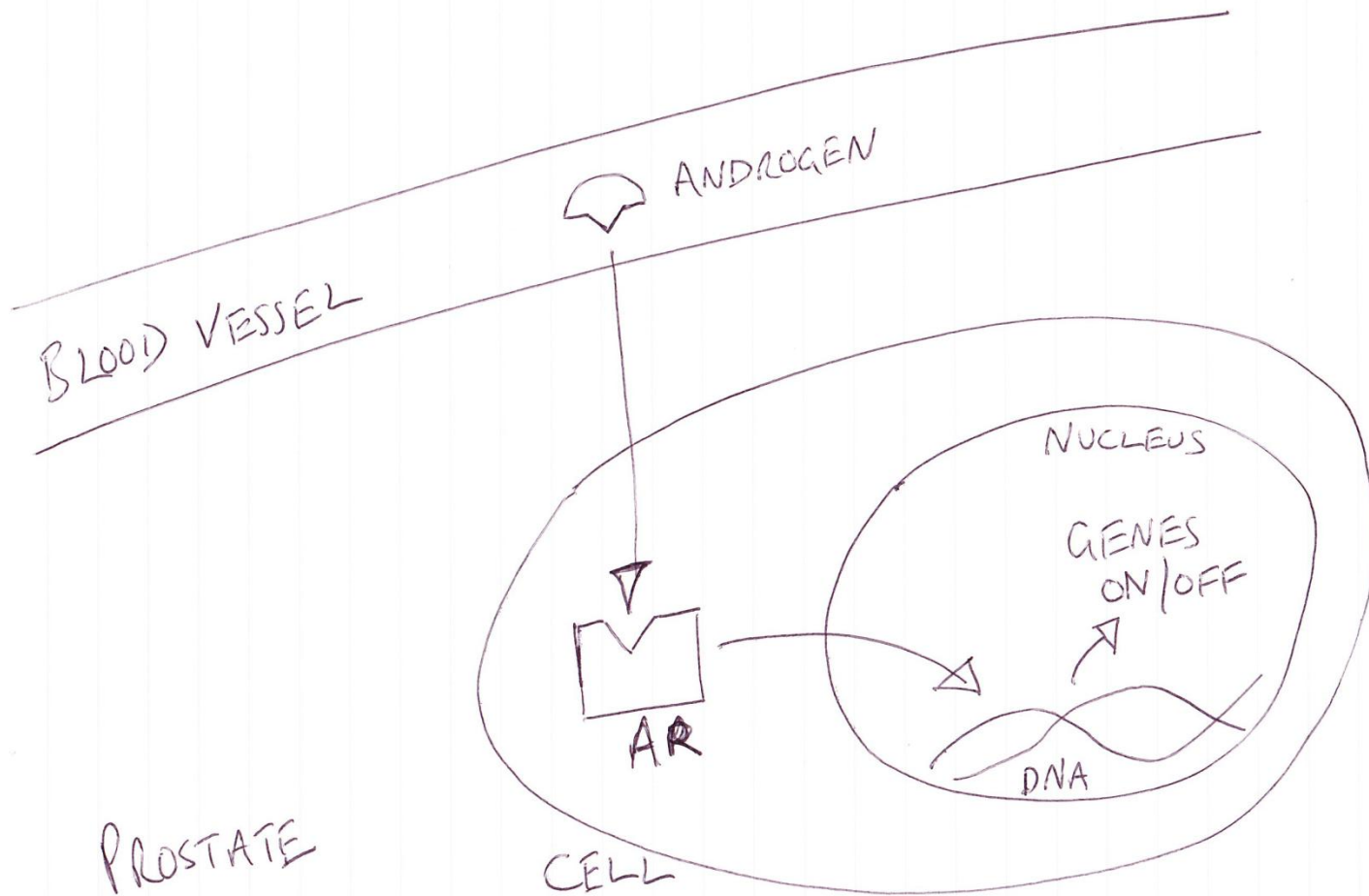
# A BIT OF BIOLOGY

# Androgen Receptor

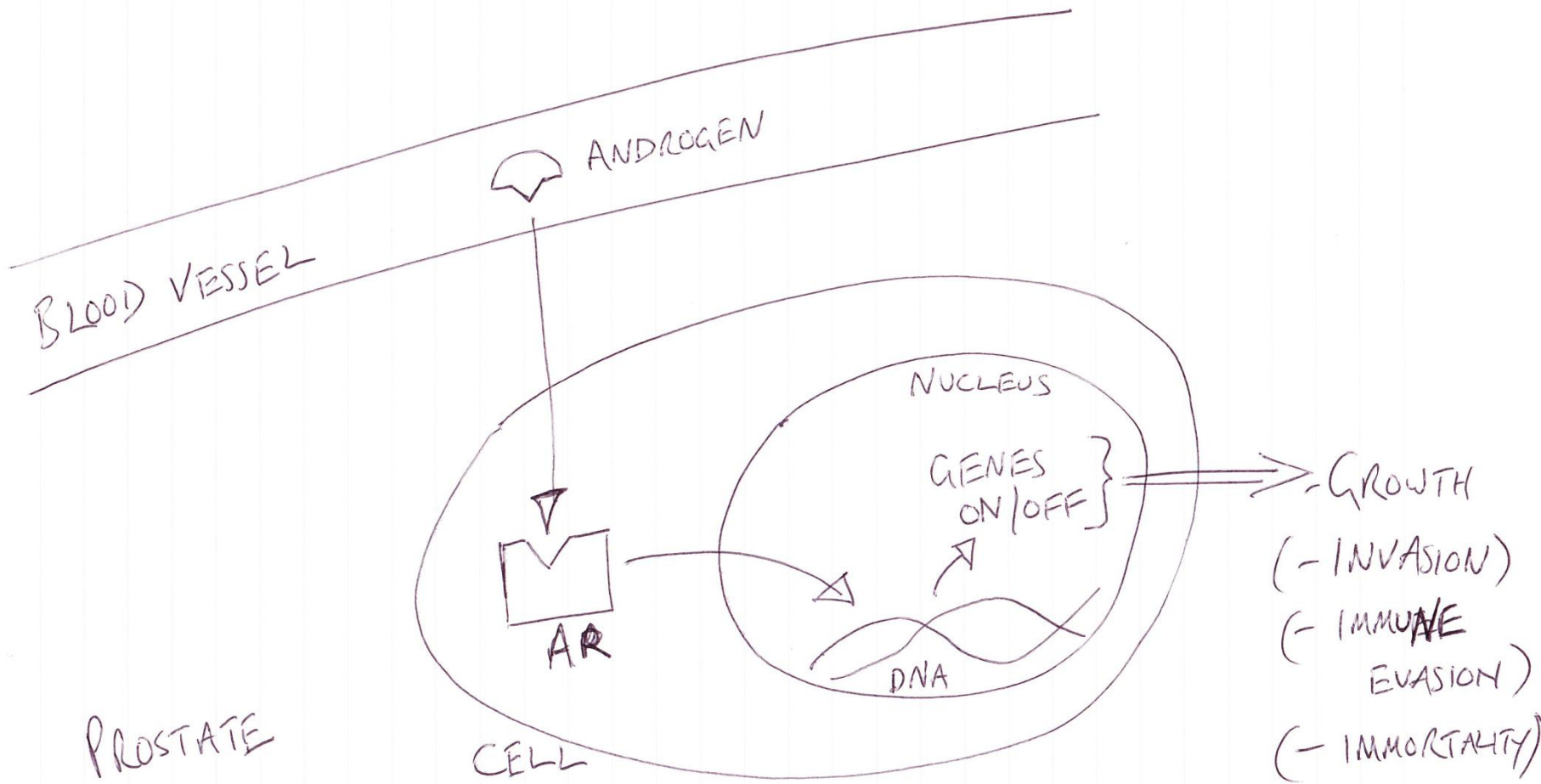
- Central mediator of male reproductive function and development (also impacts on bone, skin, muscle, brain...)
- Nuclear hormone receptor
- $5\alpha$ -dihydrotestosterone >>> testosterone
- Involved in all stages of prostate cancer





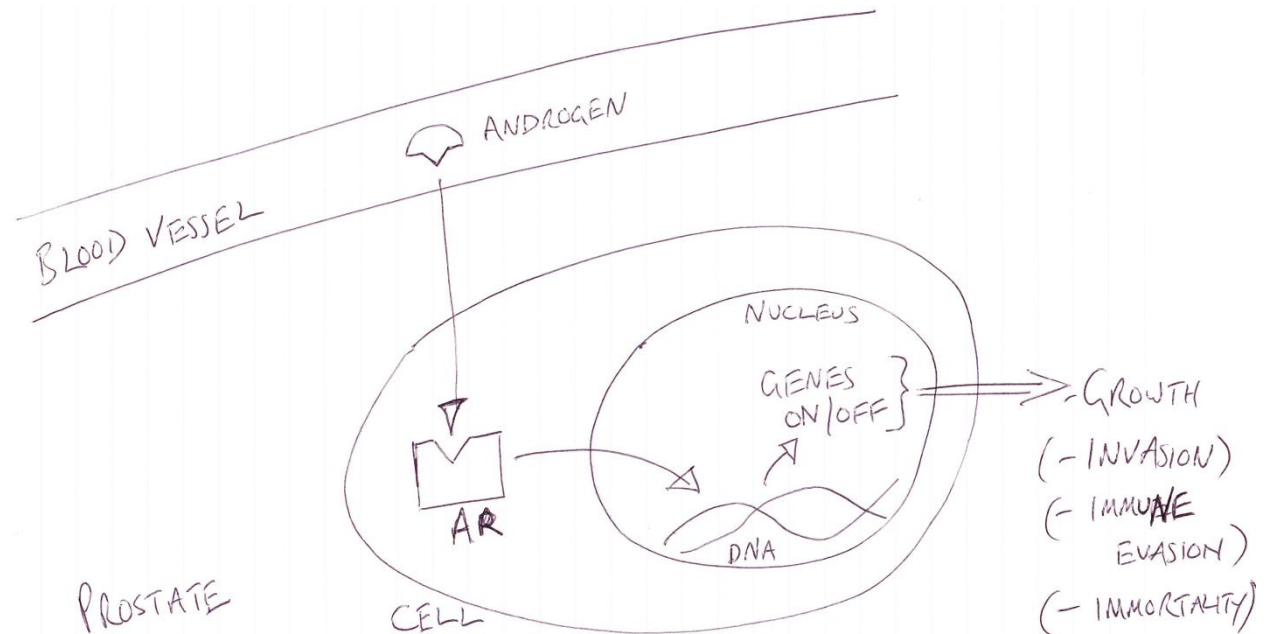


PROSTATE



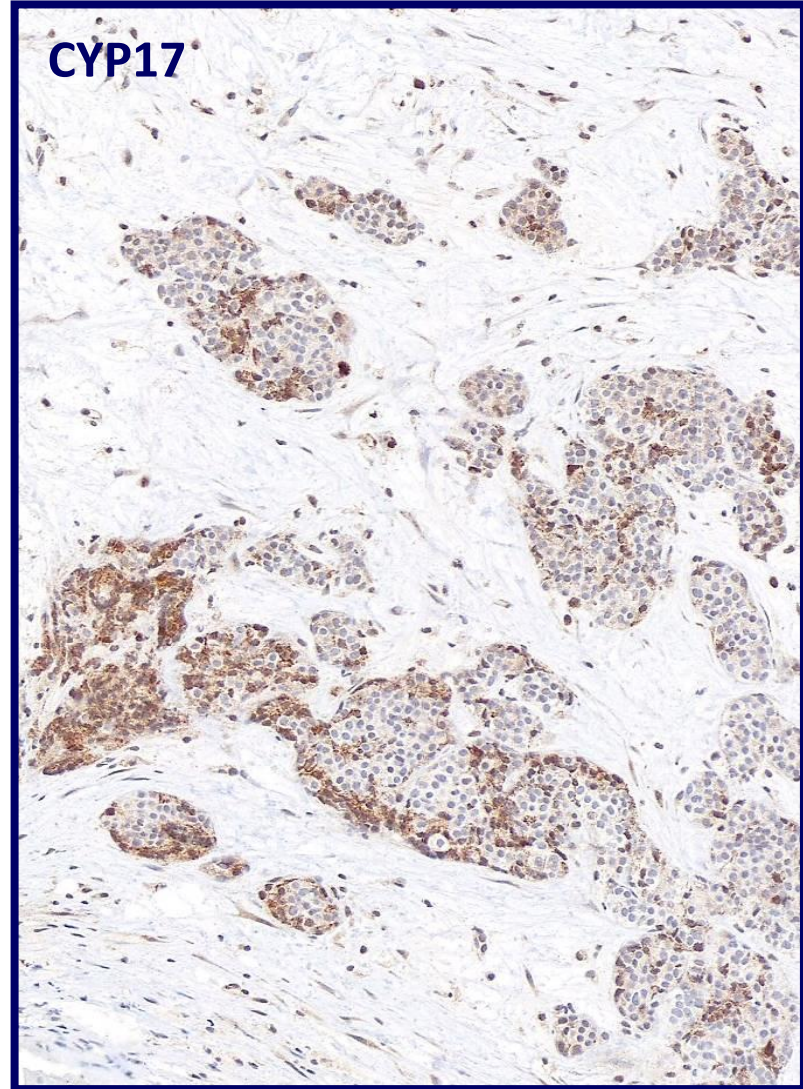
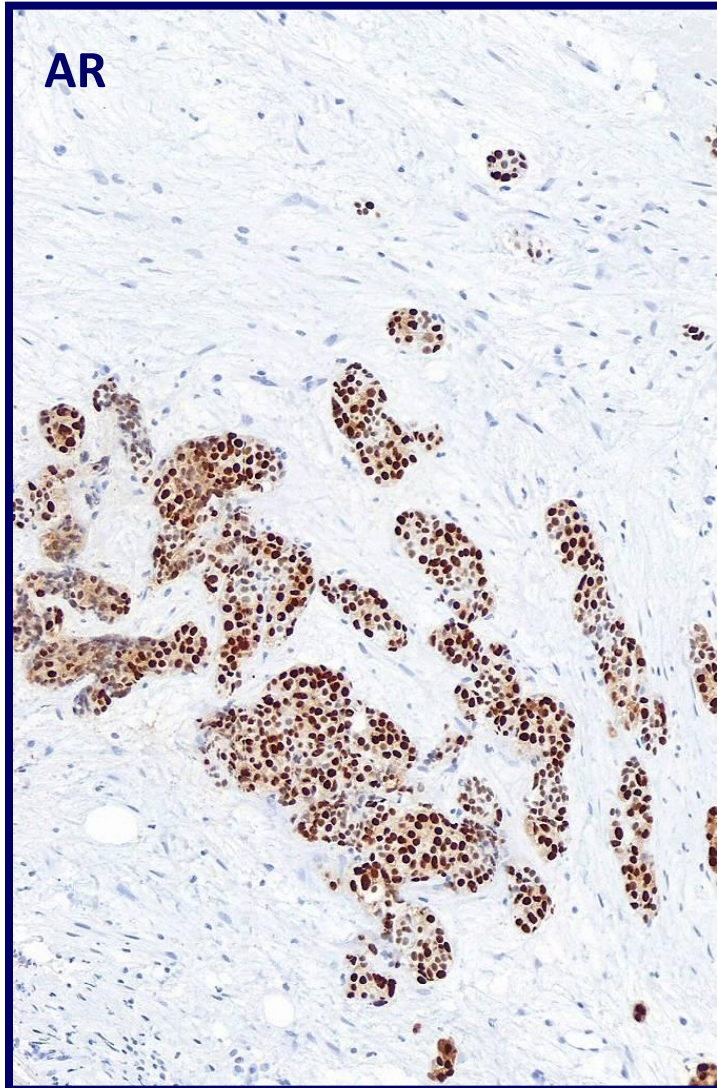
# Potential post ADT mechanisms

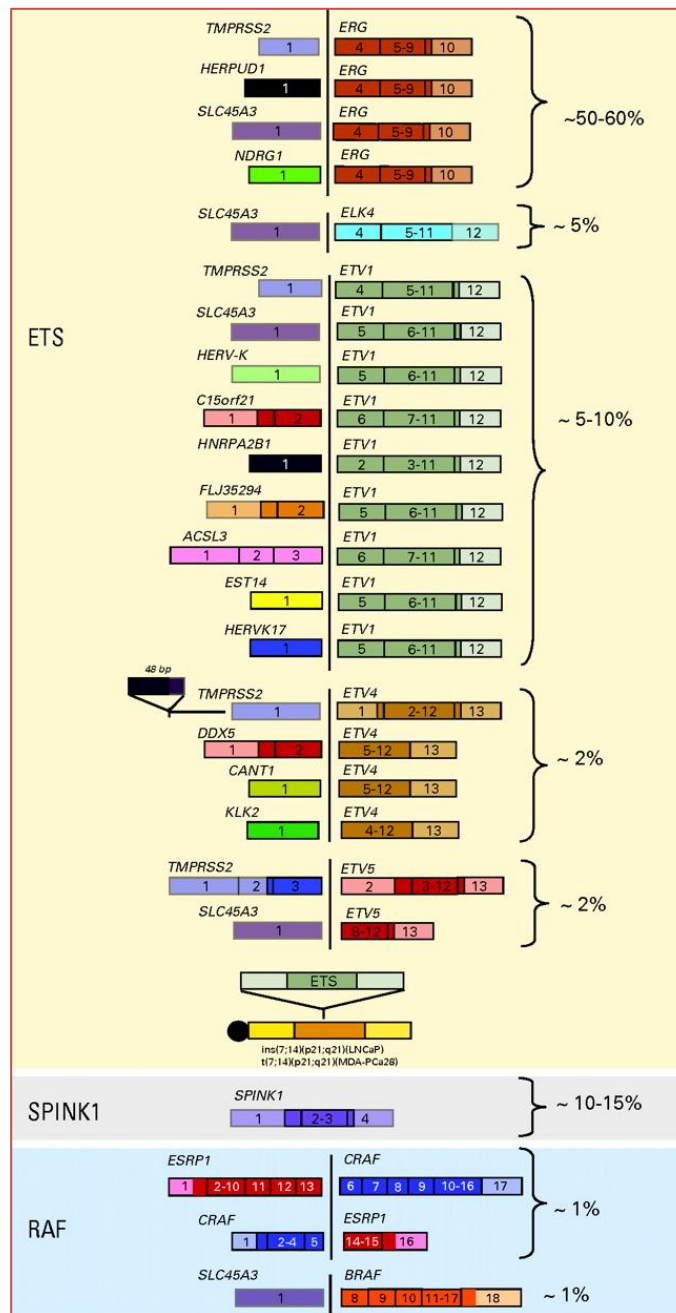
- AR becomes 'promiscuous'
- AR gets over-expressed
- Cancer cells make their own androgens
- AR mutates to become active without hormone
- Other signalling pathways activate abnormally
- Other





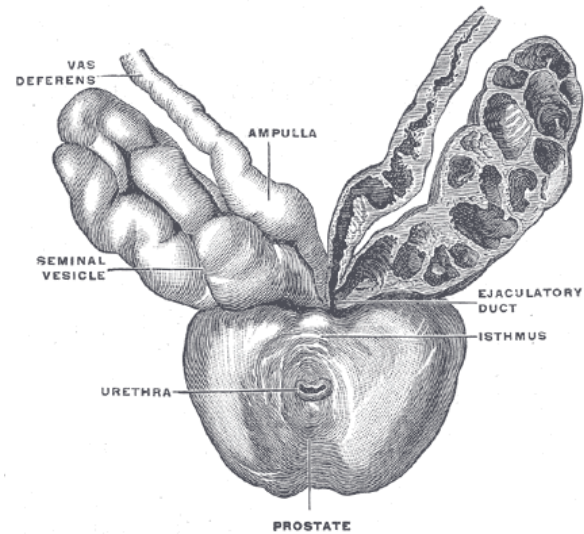
# Persistent Androgen Signaling in CRPC With Bone Metastases





# Biology conclusions

- Prostate cancer is driven by abnormal hormone signalling by androgens
- This is the case in virtually all stages of the disease pathway
- Hormonal therapy is central to this disease as a result
- Other signalling pathways are coming into focus with potential therapeutic implications



# PATIENT SELECTION

# Treatment selection

- Performance status
- PSA
- PSA velocity
- 'Clinical velocity'
- Metastatic sites
- Prior therapy
- Response to prior therapy
- Small cell/neuroendocrine differentiation
- Co-morbidities
- Drug access?
- Age???

# Treatment selection

- Performance status
- PSA

- PSA level

- Age

- Race

- History

- Response to prior therapy

- Small cell/neuroendocrine differentiation
- Co-morbidities
- Drug access?
- Age???

Patient choice

# Treatment selection

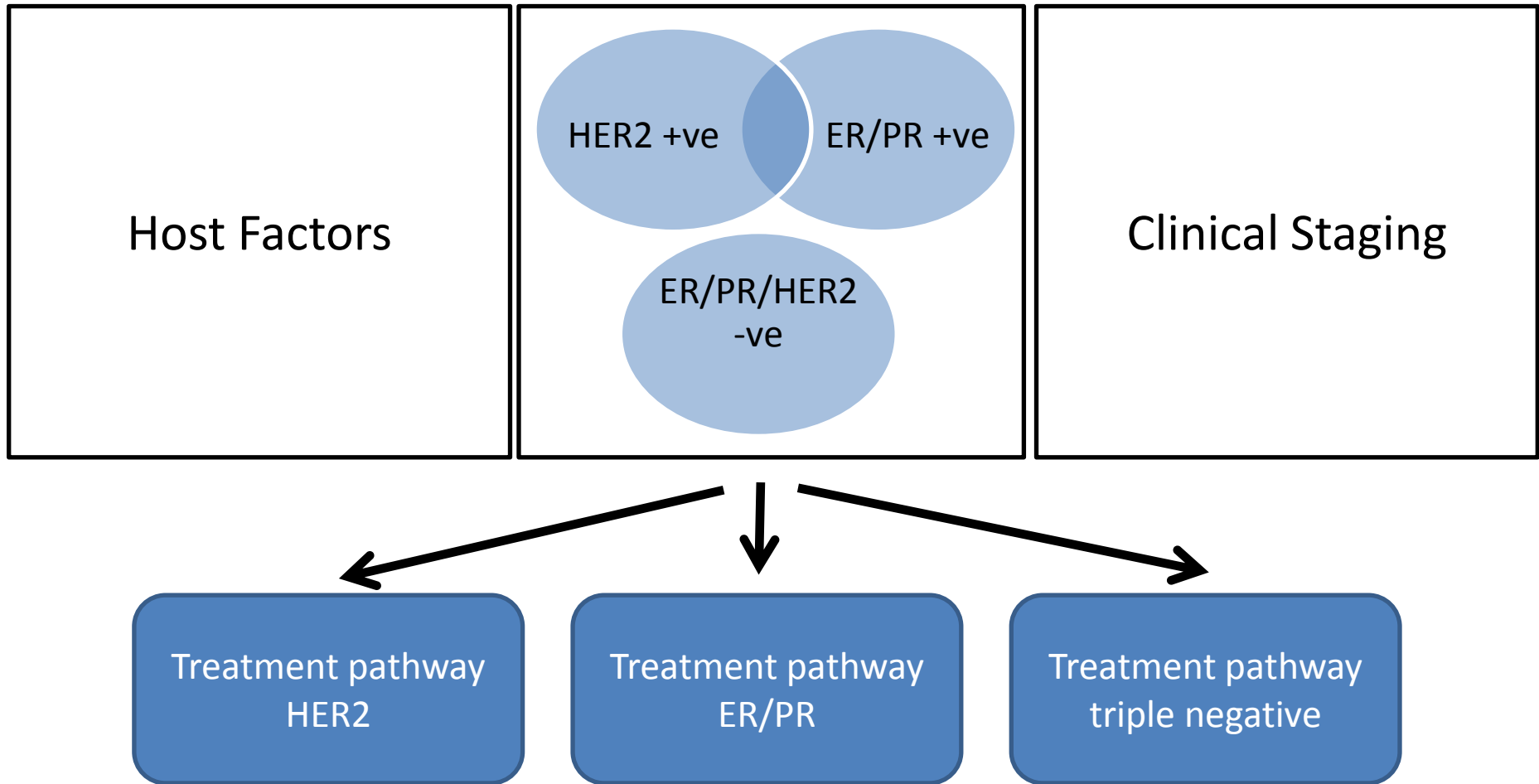
- Performance status
- PSA

- PSA level

- Patient's wife's choice?

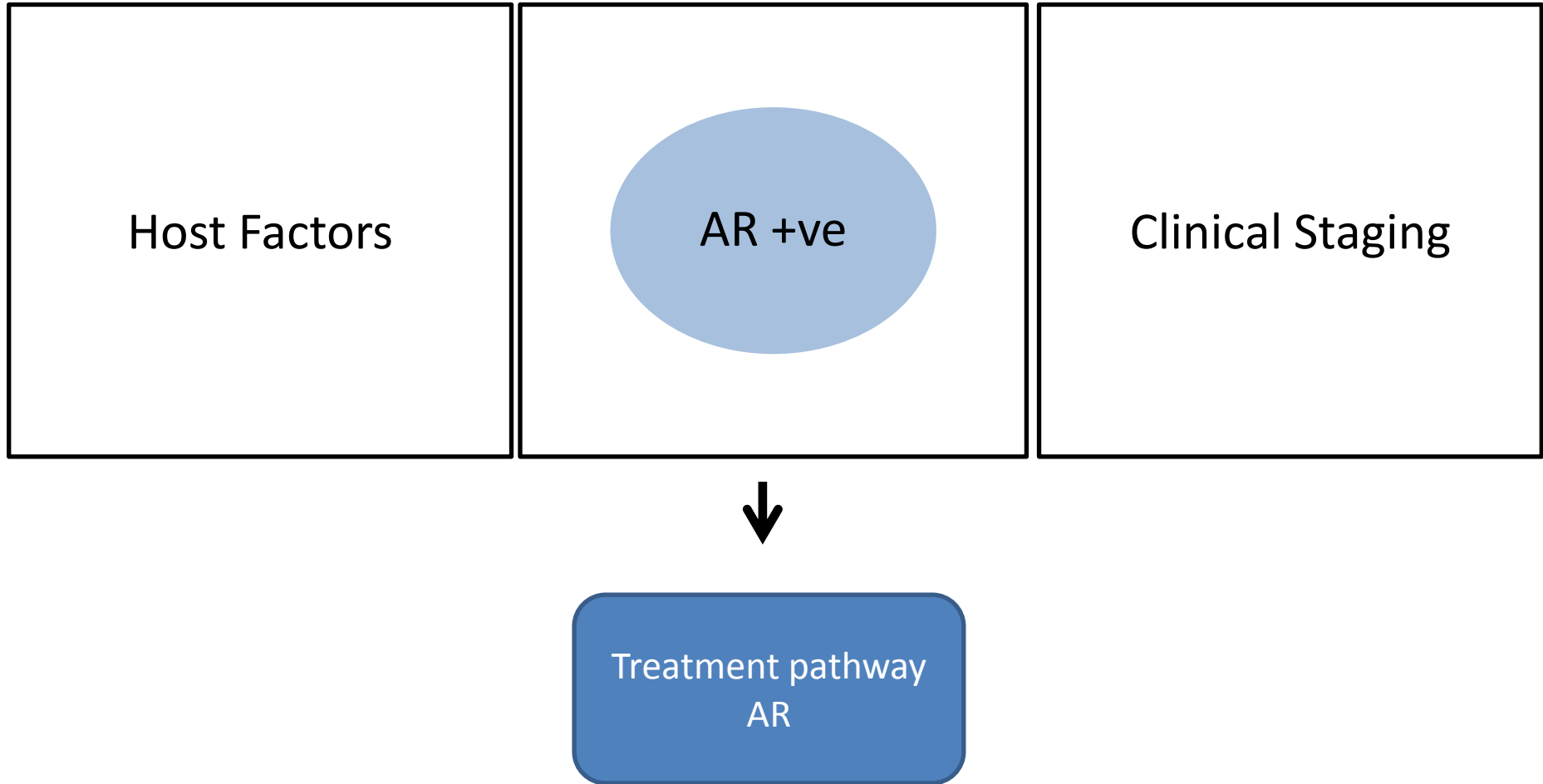
- Age???

# Clever breast cancer treatment





# Less clever prostate cancer treatment



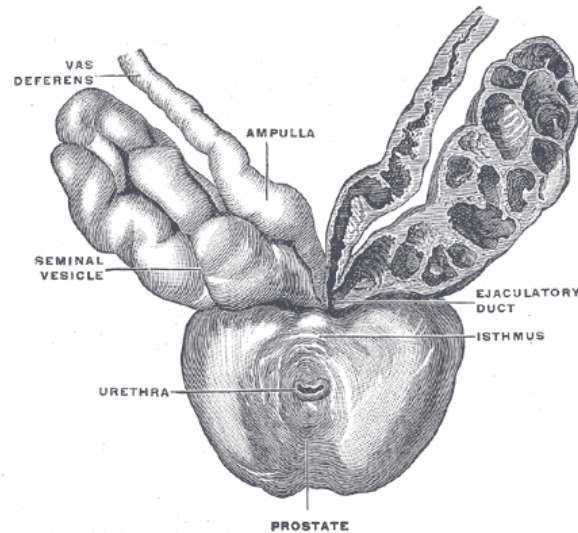
Best supportive care (alone) is always a treatment option.

# Should we treat M0 disease that is biochemically progressive through ADT?

There is no evidence that doing this is of value.  
But we do it a lot.  
We should test this in clinical trials.

# Patient selection conclusions

- Treatment selection is primarily driven by clinical factors
- We cant generally select by biology (yet)
- Selection strategies are perhaps our key research need
- When to treat in M0 disease is unclear



## **SECOND LINE HORMONAL THERAPY (OLD DRUGS)**

## Second line hormone therapies

- ADT effective for ~1-3 years on average
- No survival or QOL advantage proven for any conventional (i.e. older) second line agents
- Addition of an anti-androgen is 'standard'
  - e.g. bicalutamide, flutamide, nilutamide
- Other old options
  - stilboestrol, ketoconazole, low dose steroids...

# Bicalutamide post ADT (+/- F)

TABLE 2. *Effect of bicalutamide therapy*

| Pt. No. | Age | Primary Hormone Therapy         | Duration of Primary Hormonal Therapy Response (mos.) | Flutamide Withdrawal Response | Flutamide Response for Androgen Independent Prostate Ca | Starting PSA (ng./ml.) | % Decline PSA*  | Change Karnofsky Performance Status† | Change Analgesic Use‡ | Response Duration (mos.) |
|---------|-----|---------------------------------|------------------------------------------------------|-------------------------------|---------------------------------------------------------|------------------------|-----------------|--------------------------------------|-----------------------|--------------------------|
| 1       | 66  | LHRH + flutamide for mo. 1 only | 15                                                   | —                             | —                                                       | 1,522                  | —               | -10                                  | 5⇒5                   | —                        |
| 2       | 71  | LHRH + flutamide                | 20                                                   | No                            | —                                                       | 411                    | 86              | +20                                  | 1⇒0                   | 4                        |
| 3       | 82  | LHRH + flutamide                | 6                                                    | No                            | —                                                       | 508                    | 68              | nc                                   | 1⇒1                   | 3                        |
| 4       | 64  | Orchiectomy + flutamide         | 36                                                   | No                            | —                                                       | 65                     | 10              | -10                                  | 1⇒2                   | —                        |
| 5       | 68  | LHRH + flutamide                | 12                                                   | No                            | —                                                       | 1,328                  | 25              | -30                                  | 1⇒2                   | —                        |
| 6       | 59  | LHRH + flutamide                | 24                                                   | No                            | —                                                       | 1,137                  | 30              | -20                                  | 3⇒4                   | —                        |
| 7       | 71  | Orchiectomy                     | 36                                                   | —                             | 12 Mos.                                                 | 5,300                  | —               | -10                                  | 1⇒3                   | —                        |
| 8       | 54  | LHRH + flutamide                | 10                                                   | No                            | —                                                       | 260                    | —               | -40                                  | 2⇒3                   | —                        |
| 9       | 64  | LHRH                            | 24                                                   | —                             | No                                                      | 1,458                  | —               | -10                                  | 4⇒5                   | —                        |
| 10      | 57  | LHRH                            | 18                                                   | —                             | No                                                      | 430                    | —               | -10                                  | 1⇒2                   | —                        |
| 11      | 78  | LHRH                            | 6                                                    | —                             | No                                                      | 195                    | —               | -20                                  | 0⇒1                   | —                        |
| 12      | 68  | LHRH + flutamide                | 24                                                   | 12 Mos.                       | —                                                       | 32                     | Greater than 99 | +10                                  | 3⇒0                   | 13+§                     |
| 13      | 47  | LHRH + flutamide                | 48                                                   | No                            | —                                                       | 139                    | —               | -30                                  | 1⇒2                   | —                        |
| 14      | 71  | LHRH + flutamide                | 20                                                   | No                            | —                                                       | 1,848                  | 51              | -20                                  | 1⇒2                   | 4                        |
| 15      | 87  | Orchiectomy                     | 24                                                   | No                            | No                                                      | 176                    | 44              | nc                                   | 1⇒0                   | —                        |
| 16      | 67  | Orchiectomy                     | 12                                                   | —                             | —                                                       | 352                    | —               | -10                                  | 1⇒1                   | —                        |
| 17      | 84  | LHRH                            | 60                                                   | No                            | No                                                      | 46                     | —               | nc                                   | 0⇒1                   | —                        |
| 18      | 80  | Orchiectomy + flutamide         | 12                                                   | No                            | —                                                       | 196                    | 54              | nc                                   | 1⇒1                   | 3                        |
| 19      | 79  | Orchiectomy                     | 18                                                   | No                            | No                                                      | 1,160                  | —               | nc                                   | 0⇒0                   | —                        |
| 20      | 64  | LHRH + flutamide                | 2                                                    | No                            | —                                                       | 67                     | —               | -30                                  | 2⇒3                   | —                        |
| 21      | 90  | Orchiectomy                     | 42                                                   | —                             | —                                                       | 365                    | —               | nc                                   | 1⇒1                   | —                        |
| 22      | 67  | LHRH                            | 42                                                   | —                             | —                                                       | 173                    | —               | -10                                  | 1⇒4                   | —                        |
| 23      | 65  | LHRH                            | 40                                                   | —                             | —                                                       | 18                     | 94              | nc                                   | 1⇒0                   | 8                        |
| 24      | 59  | Orchiectomy                     | 12                                                   | —                             | —                                                       | 220                    | —               | -20                                  | 2⇒3                   | —                        |
| 25      | 82  | Orchiectomy                     | 54                                                   | —                             | —                                                       | 621                    | —               | -10                                  | 1⇒2                   | —                        |
| 26      | 54  | LHRH + flutamide                | 25                                                   | 3 Mos.                        | No                                                      | 55                     | Greater than 99 | +10                                  | 1⇒0                   | 9                        |
| 27      | 79  | Orchiectomy + flutamide         | 22                                                   | 3 Mos.                        | —                                                       | 138                    | 10              | +10                                  | 2⇒1                   | —                        |
| 28      | 54  | LHRH                            | 2                                                    | —                             | —                                                       | 189                    | —               | -15                                  | 1⇒3                   | —                        |
| 29      | 55  | LHRH + flutamide                | 10                                                   | No                            | No                                                      | 2,422                  | —               | -10                                  | 5⇒5                   | —                        |
| 30      | 78  | Orchiectomy                     | 18                                                   | —                             | —                                                       | 54                     | —               | -10                                  | 1⇒1                   | —                        |
| 31      | 65  | LHRH                            | 16                                                   | —                             | —                                                       | 146                    | —               | -10                                  | 2⇒3                   | —                        |

\* Determined from initial of bicalutamide therapy

PSA response rate (>50%) = 22.5%

No QOL data

Joyce et al, J Urol, 1998

# Nilutamide post ADT (+/- F or B)

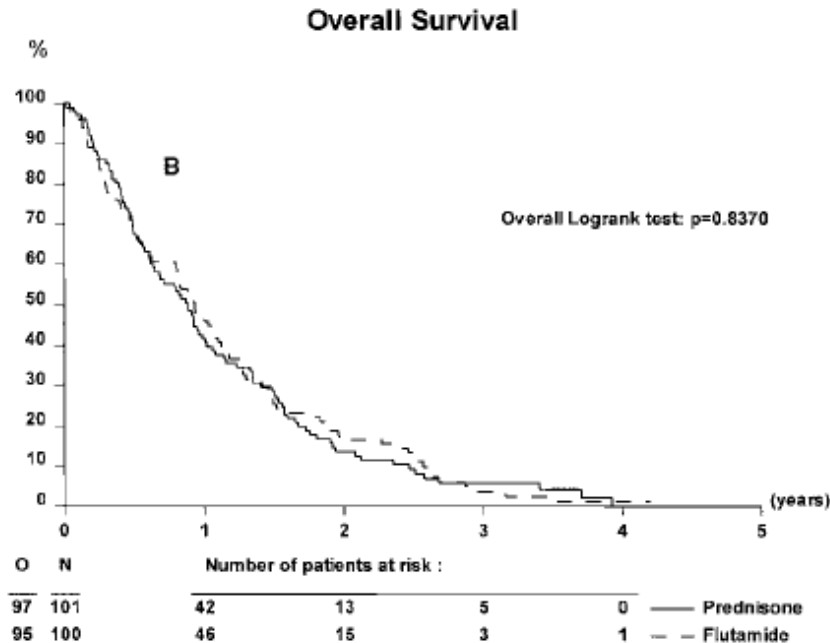
TABLE 2. *Study outcomes*

|                                                                                         |           |
|-----------------------------------------------------------------------------------------|-----------|
| No. greater than 50% PSA response with nilutamide (%)                                   | 12 (43%)  |
| No. greater than 50% PSA response with nilutamide and initial maximal androgen blockade | 8         |
| No. sustained greater than 50% PSA response with nilutamide for 3 mos. or more (%)      | 8 (29)    |
| Overall mos. median followup (range)                                                    | 26 (4–44) |
| Median mos. followup time of responders (range)                                         | 28 (8–33) |

No QOL data



# Flutamide v prednisone post ADT



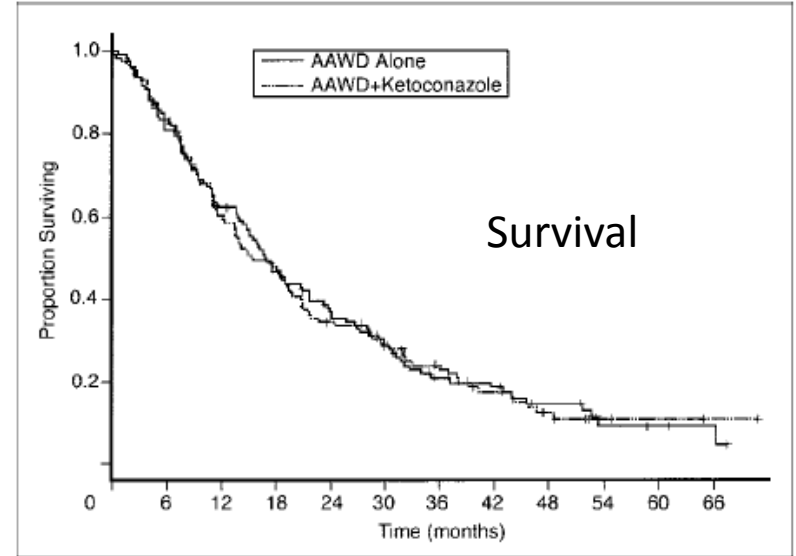
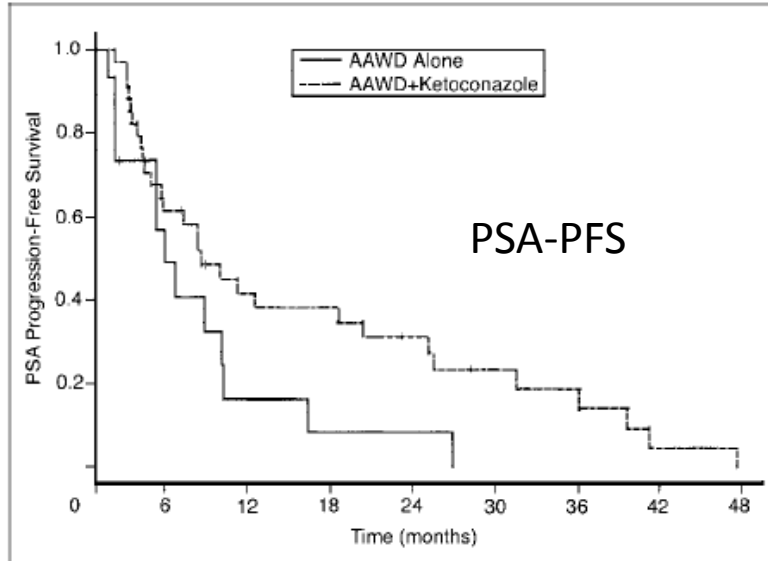
| Parameter                          | Prednisone Group<br>(n = 101) | Flutamide Group<br>(n = 100) | Total<br>(N = 201) |
|------------------------------------|-------------------------------|------------------------------|--------------------|
| Response*,†                        | 56                            | 45                           | 101                |
| No change†                         | 21                            | 29                           | 50                 |
| Progression†                       | 16                            | 21                           | 37                 |
| Early death, malignant disease     | 1                             | 0                            | 1                  |
| Early death, other cause           | 1                             | 1                            | 2                  |
| Not assessable                     | 4                             | 2                            | 6                  |
| Ineligible                         | 2                             | 2                            | 4                  |
| Duration of response, months       | 4.8‡                          | 4.2                          | 4.6                |
| Progression-free survival, months§ | 3.4‡                          | 2.3                          | 2.9                |
| Overall survival, months           | 10.6‡                         | 11.2                         | 10.9               |

QOL data favoured prednisone

# Anti-androgen withdrawal response

- 210 patients
  - 64% flutamide
  - 32% bicalutamide
  - 3% nilutamide
- 21% had confirmed PSA decrease > 50%
- No radiographic responses
- Median PFS 3 months (19% >12)
- Longer anti-androgen use predicted PSA response
- No QOL data

# Ketoconazole



**Table 4.** Treatment-Related Grade 3 and 4 Toxicities

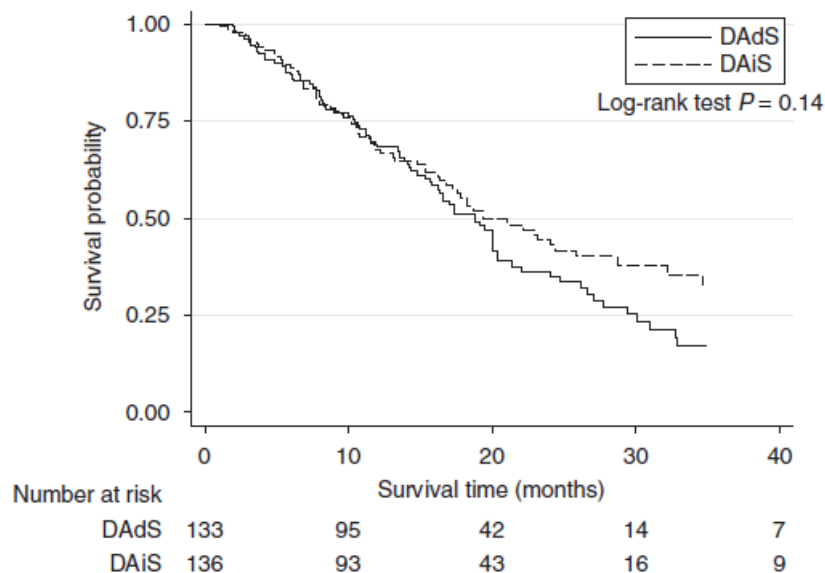
|                  | % of Patients           |                                       |
|------------------|-------------------------|---------------------------------------|
|                  | AAWD Alone<br>(n = 124) | AAWD and<br>Ketoconazole<br>(n = 124) |
| Hepatic toxicity | 4                       | 2                                     |
| Anorexia         | 0                       | 2                                     |
| Neurotoxicity    | 0                       | 4                                     |
| Cardiotoxicity   | 0                       | 1                                     |
| Pulmonary        | 0                       | 2                                     |
| Coagulation      | 0                       | 1                                     |
| Nausea/vomiting  | 0                       | 1                                     |
| Malaise/fatigue  | 0                       | 4                                     |

Abbreviation: AAWD, antiandrogen withdrawal.

No QOL data

# Stilboestrol

No QOL difference

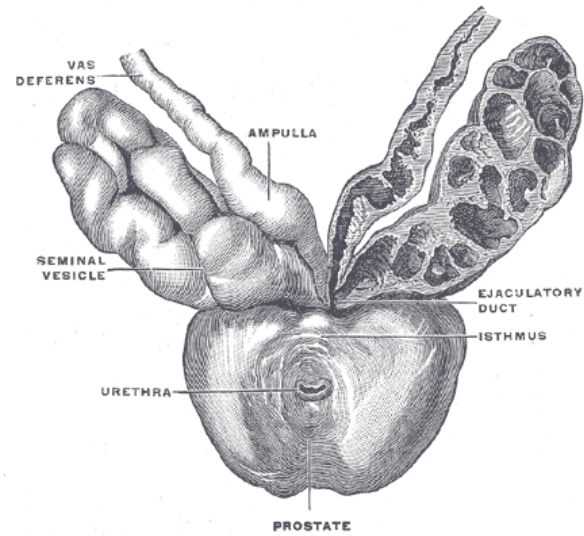


**Table 4** Comparison of toxicity between DA and DAiS

|                       | All (N = 257) | DA (N = 128) | DAiS (N = 129) |         |
|-----------------------|---------------|--------------|----------------|---------|
| Toxicity              | N (%)         | N (%)        | N (%)          | P-value |
| Painful gynaecomastia | 52 (20)       | 1 (01)       | 51 (40)        | <0.001  |
| Headaches             | 28 (11)       | 16 (13)      | 12 (09)        | 0.31    |
| Skin                  | 134 (52)      | 59 (46)      | 65 (50)        | 0.52    |
| Fluid retention       | 117 (46)      | 54 (42)      | 63 (49)        | 0.26    |
| Weight gain           | 32 (13)       | 14 (11)      | 18 (14)        | 0.47    |
| Myopathy              | 5 (02)        | 4 (03)       | 1 (01)         | 0.25    |
| Hyperglycaemia        | 4 (02)        | 3 (02)       | 1 (01)         | 0.51    |
| VTE                   | 42 (16)       | 14 (11)      | 28 (22)        | 0.02    |
| DVT                   | 20 (08)       | 3 (03)       | 17 (13)        |         |
| PE                    | 21 (08)       | 11 (09)      | 10 (08)        |         |
| TIA                   | 1 (0.5)       | 0 (0)        | 1 (01)         |         |

# Second line hormones conclusions

- No survival or QOL benefit (other than prednisone > flutamide)
- 2<sup>nd</sup> line anti-androgen ('MAB') is 'standard' (but not-evidence based)
- None of this would not be approved today
- Some patients probably do benefit!



# CHEMOTHERAPY

# Mitoxantrone

mHRPC  
Documented progression  
n=242

R

Hydrocortisone

Hydrocortisone +  
Mitoxantrone

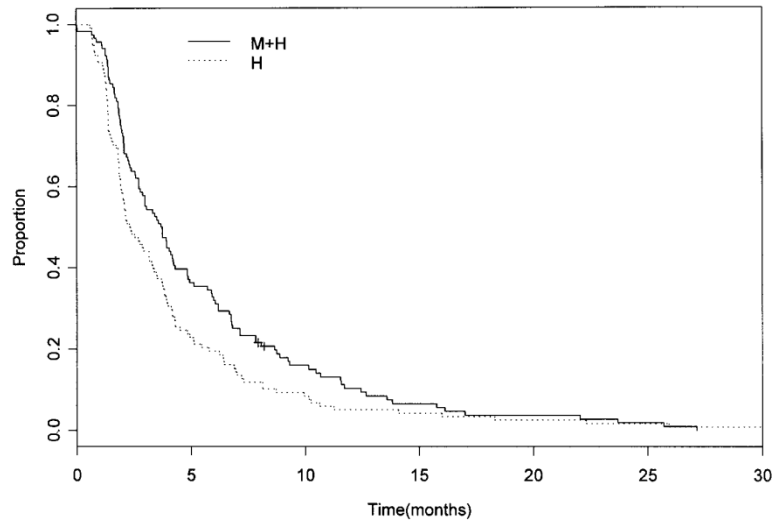
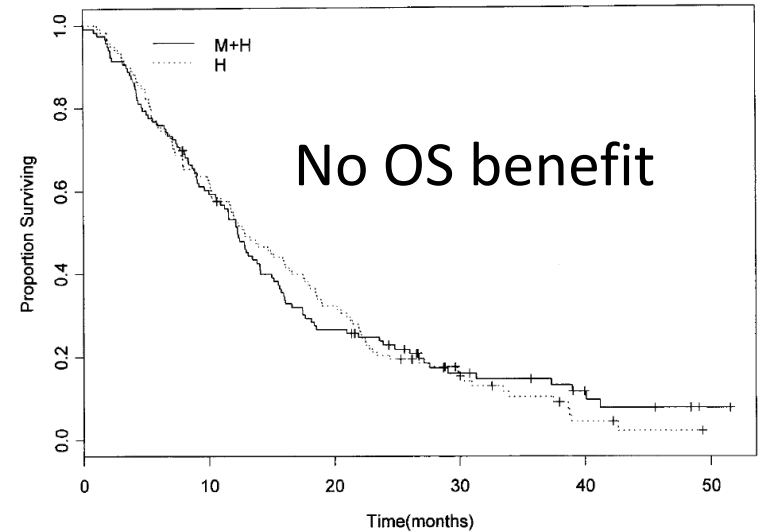
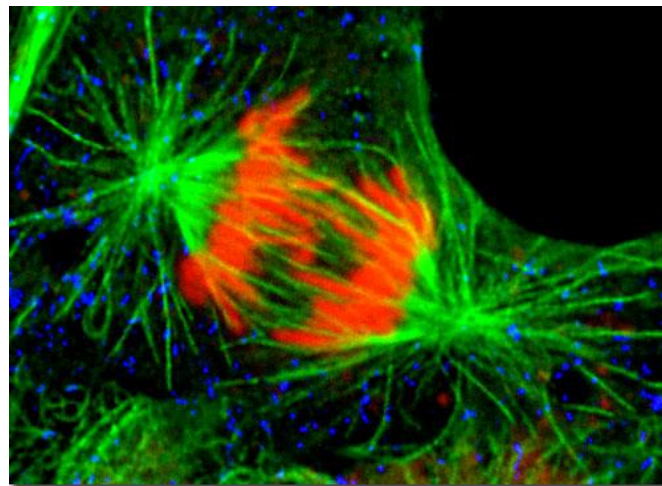


Table 5. Estimated Treatment Effects, Adjusting for Baseline Score and Stratification Factors

| QOL Outcome                             | Estimated Difference* | SE   | p   |
|-----------------------------------------|-----------------------|------|-----|
| FLIC: total                             | - 4.34                | 2.74 | .12 |
| Symptom distress: total                 | 0.05                  | 0.92 | .96 |
| Sexual and urological function: total   | 0.08                  | 0.57 | .89 |
| Problems in daily life: total           | - 1.25                | 0.97 | .20 |
| Impact of pain: total                   | - 1.87                | 2.12 | .38 |
| FLIC: physical well-being               | - 1.90                | 1.79 | .29 |
| FLIC: emotional state                   | - 1.42                | 0.69 | .04 |
| FLIC: family disruption                 | - 0.93                | 0.39 | .02 |
| FLIC item: pain from cancer             | 0.35                  | 0.31 | .26 |
| FLIC item: pain interferes              | - 0.18                | 0.22 | .43 |
| Symptom distress item: pain, how often  | - 0.30                | 0.15 | .06 |
| Symptom distress item: pain, how severe | - 0.28                | 0.13 | .03 |
| Symptom distress item: appetite         | 0.08                  | 0.14 | .59 |
| Symptom distress item: fatigue          | - 0.06                | 0.14 | .68 |

# Docetaxel

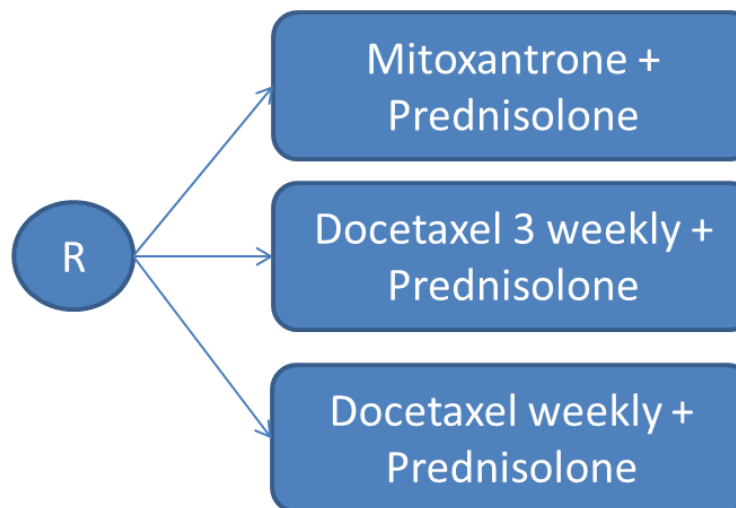


mHRPC

Documented progression

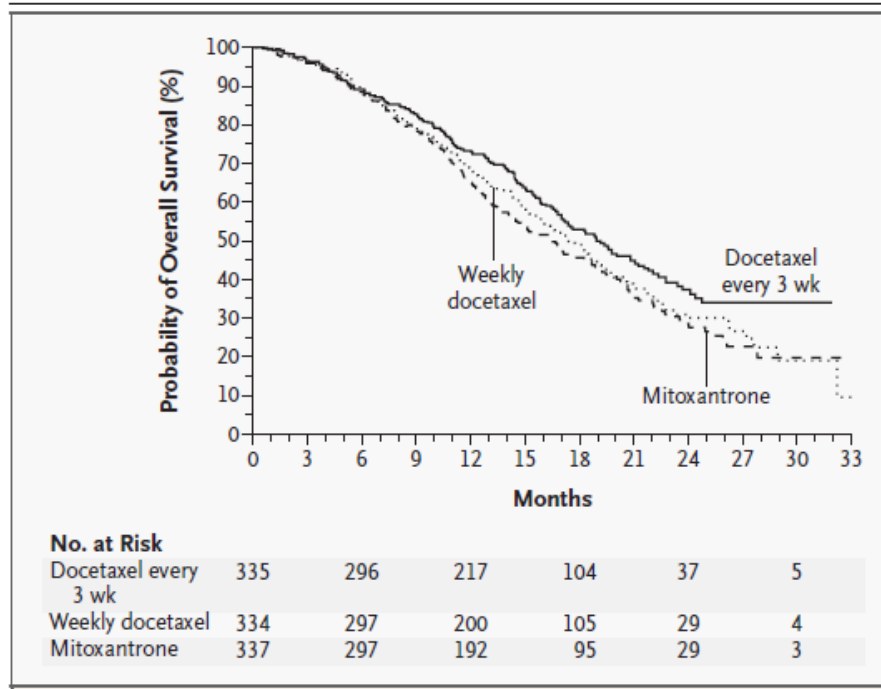
PS 0-2

n=1006





# Docetaxel



Median survival

D3 – 19.2 months

D1 – 17.8 months

M – 16.3 months

Improvements also seen in:

- QOL
- Pain
- PSA response

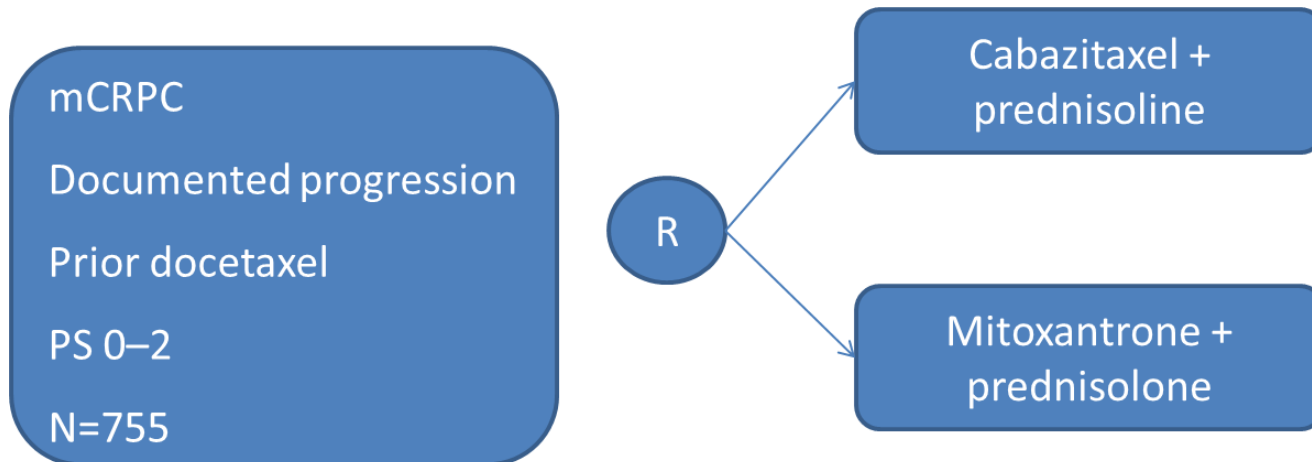
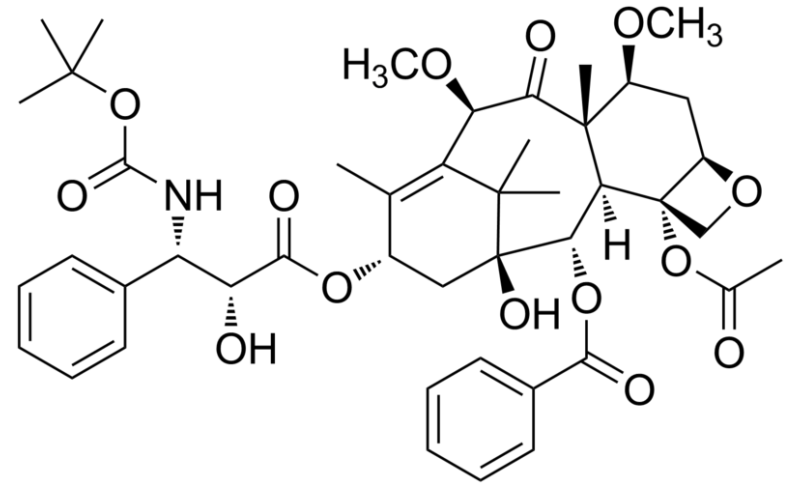
# Docetaxel

**Table 4.** Adverse Events of Any Grade, or of Grade 3 or 4, That Occurred or Worsened during Treatment.

| Adverse Event                 | Docetaxel<br>Every 3 Wk<br>(N=332) | Weekly<br>Docetaxel<br>(N=330) | Mitoxantrone<br>Every 3 Wk<br>(N=335) |
|-------------------------------|------------------------------------|--------------------------------|---------------------------------------|
|                               |                                    | <i>percent</i>                 |                                       |
| Grade 3 or 4 anemia           | 5                                  | 5                              | 2                                     |
| Grade 3 or 4 thrombocytopenia | 1                                  | 0                              | 1                                     |
| Grade 3 or 4 neutropenia      | 32*                                | 2†                             | 22                                    |
| Febrile neutropenia           | 3                                  | 0                              | 2                                     |
| Impaired LVEF‡                | 10†                                | 8†                             | 22                                    |
| Major decrease                | 1†                                 | 2*                             | 7                                     |
| Fatigue                       | 53†                                | 49†                            | 35                                    |
| Grade 3 or 4                  | 5                                  | 5                              | 5                                     |
| Alopecia                      | 65†                                | 50†                            | 13                                    |
| Nausea, vomiting, or both     | 42                                 | 41                             | 38                                    |
| Diarrhea                      | 32†                                | 34†                            | 10                                    |
| Nail changes                  | 30†                                | 37†                            | 7                                     |
| Sensory neuropathy            | 30†                                | 24†                            | 7                                     |
| Anorexia                      | 17                                 | 21*                            | 14                                    |
| Change in taste               | 18†                                | 24†                            | 7                                     |
| Stomatitis                    | 20†                                | 17†                            | 8                                     |
| Myalgia                       | 14                                 | 14                             | 13                                    |
| Dyspnea                       | 15*                                | 14*                            | 9                                     |
| Tearing                       | 10†                                | 21†                            | 1                                     |
| Peripheral edema              | 19†                                | 12†                            | 1                                     |
| Epistaxis                     | 6                                  | 17†                            | 2                                     |
| ≥1 Serious adverse event      | 26                                 | 29                             | 20                                    |
| Treatment-related death       | 0.3                                | 0.3                            | 1                                     |

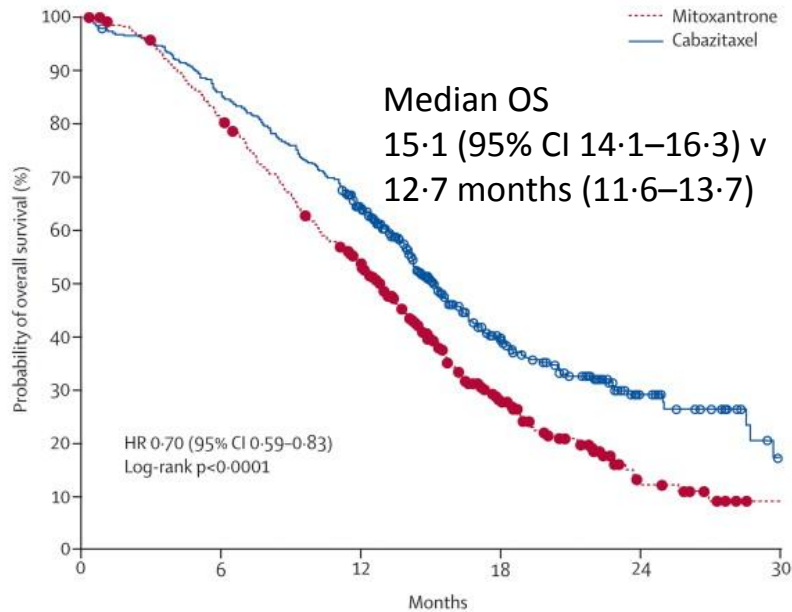
# Cabazitaxel

- Semi-synthetic taxane
- Anti-tumour activity in models resistant to paclitaxel and docetaxel

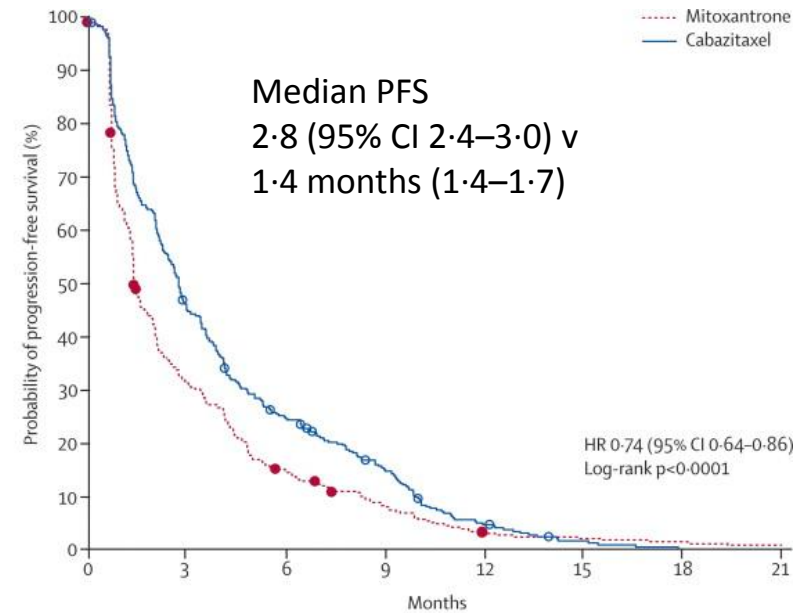


# Cabazitaxel

A



| Number at risk |     |     |     |    |    |   |  |
|----------------|-----|-----|-----|----|----|---|--|
| Mitoxantrone   | 377 | 300 | 188 | 67 | 11 | 1 |  |
| Cabazitaxel    | 378 | 321 | 231 | 90 | 28 | 4 |  |



| Number at risk |     |     |    |    |    |   |   |   |  |
|----------------|-----|-----|----|----|----|---|---|---|--|
| Mitoxantrone   | 377 | 115 | 52 | 27 | 9  | 6 | 4 | 2 |  |
| Cabazitaxel    | 378 | 168 | 90 | 52 | 15 | 4 | 0 | 0 |  |

|                                                   | Mitoxantrone      | Cabazitaxel            | Hazard ratio (95% CI) | p value for comparison |
|---------------------------------------------------|-------------------|------------------------|-----------------------|------------------------|
| <b>Tumour response rate*</b>                      |                   |                        |                       |                        |
| Number of evaluable patients                      | 204               | 201                    | ..                    | ..                     |
| Response rate (%)                                 | 4.4% (1.6–7.2)    | 14.4% (9.6–19.3)       | ..                    | 0.0005                 |
| <b>PSA response rate†</b>                         |                   |                        |                       |                        |
| Number of evaluable patients                      | 325               | 329                    | ..                    | ..                     |
| Response rate (%)                                 | 17.8% (13.7–22.0) | 39.2% (33.9–44.5)      | ..                    | 0.0002                 |
| <b>Pain response rate‡</b>                        |                   |                        |                       |                        |
| Number of evaluable patients                      | 168               | 174                    | ..                    | ..                     |
| Response rate (%)                                 | 7.7% (3.7–11.8)   | 9.2% (4.9–13.5)        | ..                    | 0.63                   |
| <b>Progression</b>                                |                   |                        |                       |                        |
| Number of patients in intention-to-treat analysis | 377               | 378                    | ..                    | ..                     |
| Median time to tumour progression (months)        | 5.4 (2.3–10.0)    | 8.8 (3.9–12.0)         | 0.61 (0.49–0.76)      | <0.0001                |
| Median time to PSA progression (months)           | 3.1 (0.9–9.1)     | 6.4 (2.2–10.1)         | 0.75 (0.63–0.90)      | 0.001                  |
| Median time to pain progression (months)§         | Not reached       | 11.1 (2.9–not reached) | 0.91 (0.69–1.19)      | 0.52                   |

No QOL data in this trial

|                           | Mitoxantrone (n=371) |                | Cabazitaxel (n=371) |                |
|---------------------------|----------------------|----------------|---------------------|----------------|
|                           | All grades           | Grade $\geq 3$ | All grades          | Grade $\geq 3$ |
| <b>Haematological†</b>    |                      |                |                     |                |
| Neutropenia               | 325 (88%)            | 215 (58%)      | 347 (94%)           | 303 (82%)      |
| Febrile neutropenia       | ..                   | 5 (1%)         | ..                  | 28 (8%)        |
| Leukopenia                | 343 (92%)            | 157 (42%)      | 355 (96%)           | 253 (68%)      |
| Anaemia                   | 302 (81%)            | 18 (5%)        | 361 (97%)           | 39 (11%)       |
| Thrombocytopenia          | 160 (43%)            | 6 (2%)         | 176 (47%)           | 15 (4%)        |
| <b>Non-haematological</b> |                      |                |                     |                |
| Diarrhoea                 | 39 (11%)             | 1 (<1%)        | 173 (47%)           | 23 (6%)        |
| Fatigue                   | 102 (27%)            | 11 (3%)        | 136 (37%)           | 18 (5%)        |
| Asthenia                  | 46 (12%)             | 9 (2%)         | 76 (20%)            | 17 (5%)        |
| Back pain                 | 45 (12%)             | 11 (3%)        | 60 (16%)            | 14 (4%)        |
| Nausea                    | 85 (23%)             | 1 (<1%)        | 127 (34%)           | 7 (2%)         |
| Vomiting                  | 38 (10%)             | 0              | 84 (23%)            | 7 (2%)         |
| Haematuria                | 14 (4%)              | 2 (1%)         | 62 (17%)            | 7 (2%)         |
| Abdominal pain            | 13 (4%)              | 0              | 43 (12%)            | 7 (2%)         |
| Pain in extremity         | 27 (7%)              | 4 (1%)         | 30 (8%)             | 6 (2%)         |
| Dyspnoea                  | 17 (5%)              | 3 (1%)         | 44 (12%)            | 5 (1%)         |
| Constipation              | 57 (15%)             | 2 (1%)         | 76 (20%)            | 4 (1%)         |
| Pyrexia                   | 23 (6%)              | 1 (<1%)        | 45 (12%)            | 4 (1%)         |
| Arthralgia                | 31 (8%)              | 4 (1%)         | 39 (11%)            | 4 (1%)         |
| Urinary-tract infection   | 11 (3%)              | 3 (1%)         | 27 (7%)             | 4 (1%)         |
| Pain                      | 18 (5%)              | 7 (2%)         | 20 (5%)             | 4 (1%)         |
| Bone pain                 | 19 (5%)              | 9 (2%)         | 19 (5%)             | 3 (1%)         |

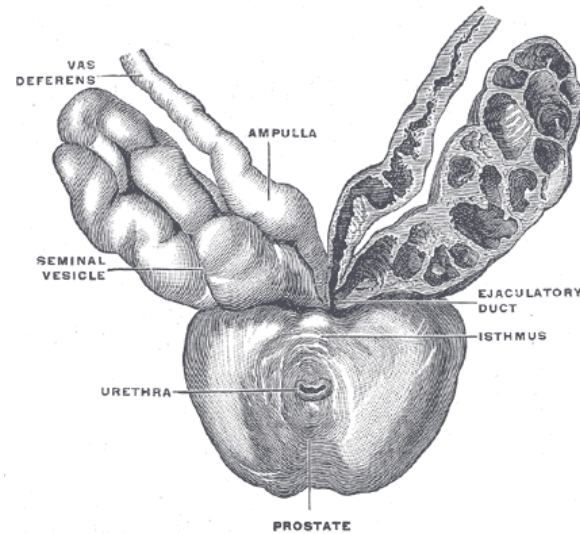
# Causes of death

|                                                        | Mitoxantrone (n=371) | Cabazitaxel (n=371) |
|--------------------------------------------------------|----------------------|---------------------|
| Total deaths during the study                          | 275 (74%)            | 227 (61%)           |
| Deaths ≤30 days after last dose of study drug          | 9 (2%)               | 18 (5%)             |
| Causes of death ≤30 days after last dose of study drug |                      |                     |
| Disease progression                                    | 6 (2%)*              | 0                   |
| Adverse events                                         |                      |                     |
| Neutropenia and clinical consequences/sepsis           | 1 (<1%)              | 7 (2%)              |
| Cardiac                                                | 0                    | 5 (1%)              |
| Dyspnoea†                                              | 1 (<1%)              | 0                   |
| Dehydration/electrolyte imbalance                      | 0                    | 1 (<1%)             |
| Renal failure                                          | 0                    | 3 (1%)              |
| Cerebral haemorrhage                                   | 0                    | 1 (<1%)             |
| Unknown cause                                          | 0                    | 1 (<1%)             |
| Motor vehicle accident                                 | 1 (<1%)              | 0                   |
| Deaths >30 days after last dose of study drug          | 266 (72%)            | 209 (56%)           |

# Chemotherapy conclusions

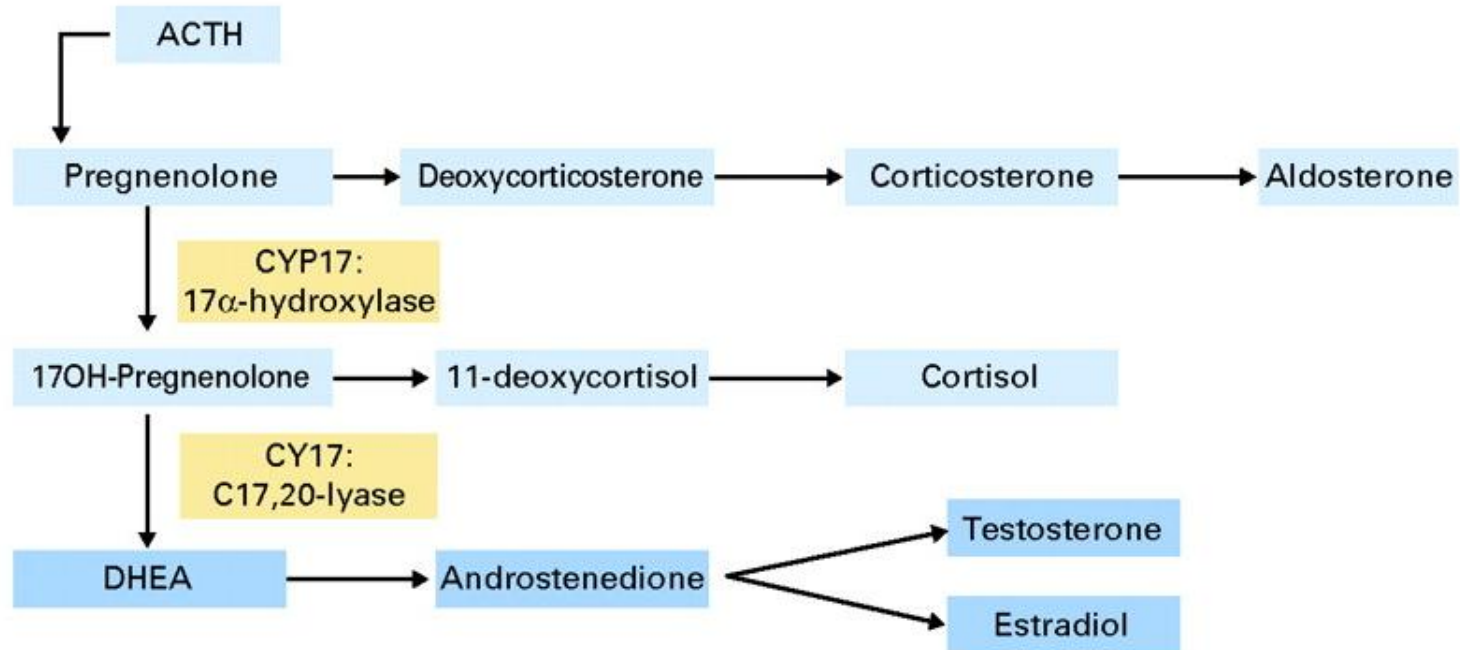
- Docetaxel remains the first line standard of care
  - Only viable in about 50% of patients
  - Modest improvement in survival
- Cabazitaxel now 2<sup>nd</sup> line standard for chemotherapy
- Predictors of toxicity and benefit required
- Unclear how to sequence with new drugs



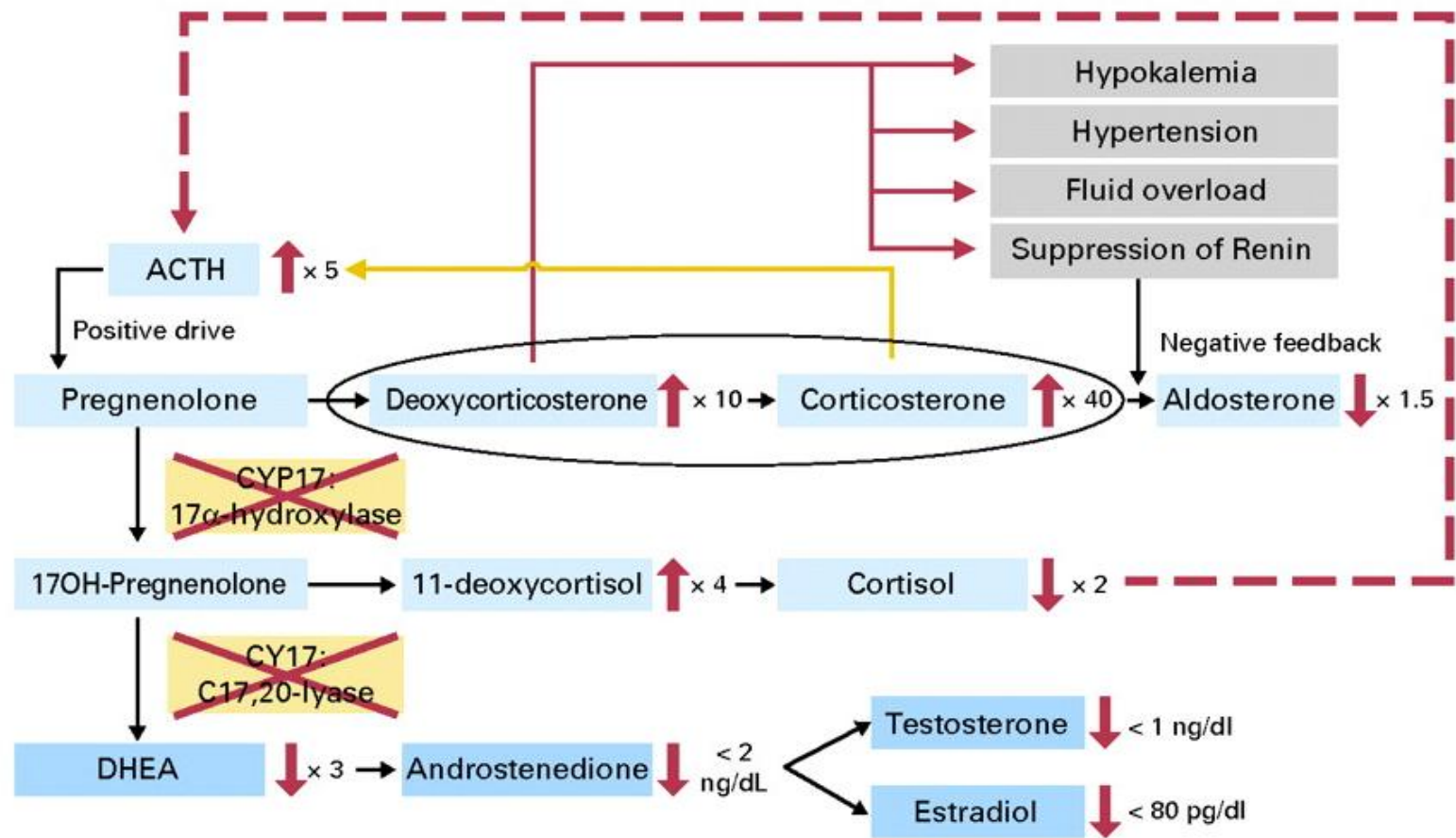


# NEW HORMONAL THERAPIES

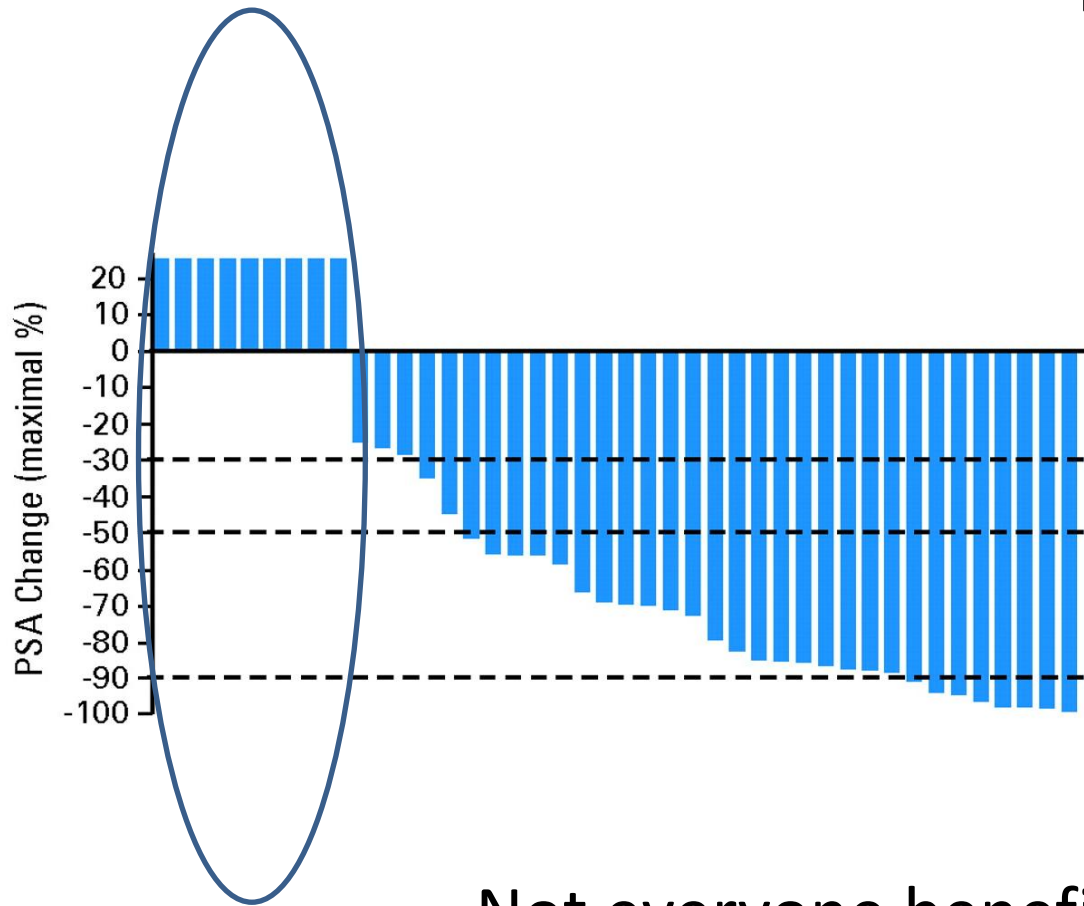
# Steroid Hormone Synthesis



# Abiraterone Mechanism

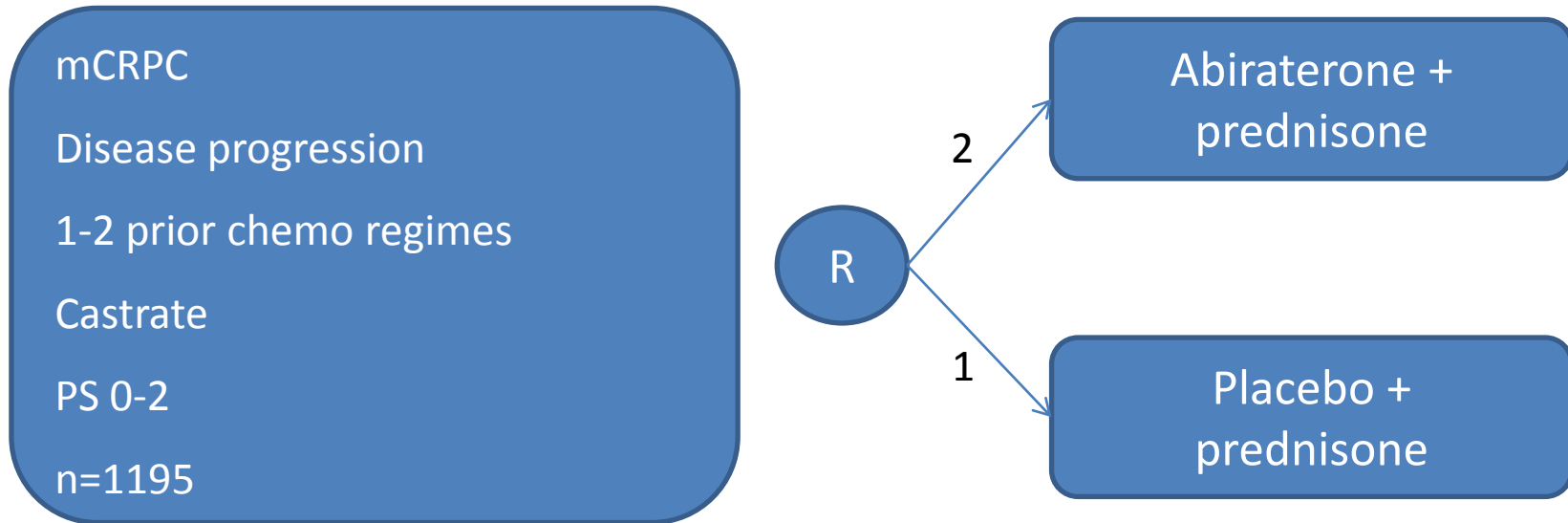


# Phase II abiraterone PSA responses

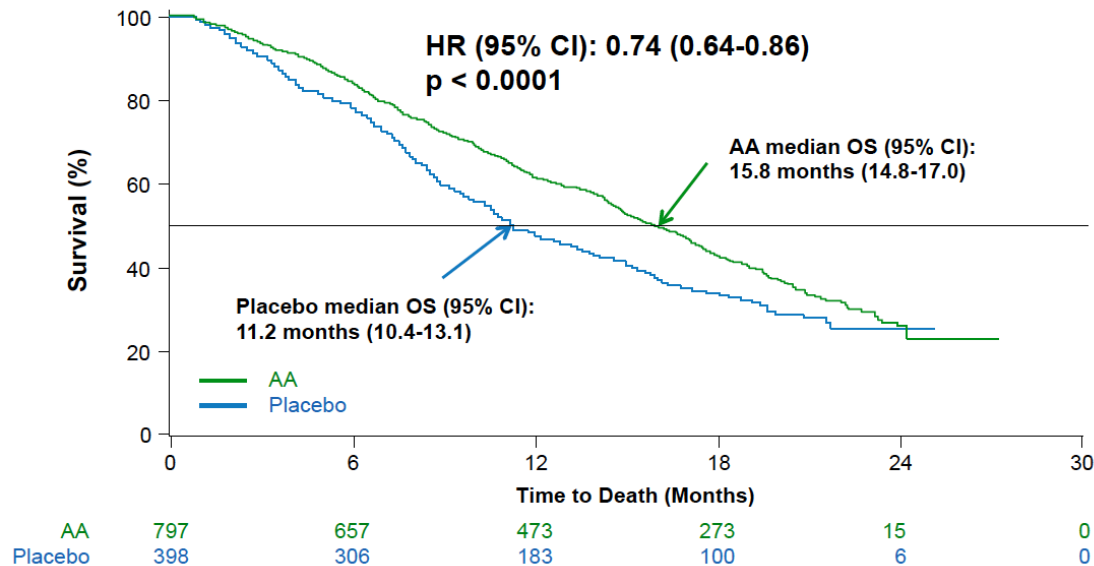


Not everyone benefits  
BUT this is CRPC after chemo!

# COU-AA-301 design



# COU-AA-301 survival outcome



**Table 3. Secondary End Points.\***

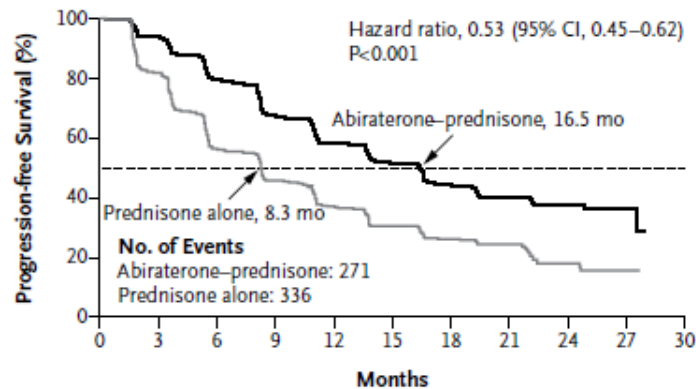
| Variable                                                          | Abiraterone Acetate (N=797) | Placebo (N=398) | Hazard Ratio (95% CI) | P Value |
|-------------------------------------------------------------------|-----------------------------|-----------------|-----------------------|---------|
| Time to PSA progression (mo)                                      | 10.2                        | 6.6             | 0.58 (0.46–0.73)      | <0.001  |
| Progression-free survival according to radiographic evidence (mo) | 5.6                         | 3.6             | 0.67 (0.59–0.78)      | <0.001  |
| PSA response rate (%)                                             |                             |                 |                       |         |
| Total                                                             | 38.0                        | 10.1            |                       | <0.001  |
| Confirmed response on the basis of the PSA concentration          | 29.1                        | 5.5             |                       | <0.001  |
| Objective response on the basis of imaging studies                | 14.0                        | 2.8             |                       | <0.001  |

**Table 4. Adverse Events.**

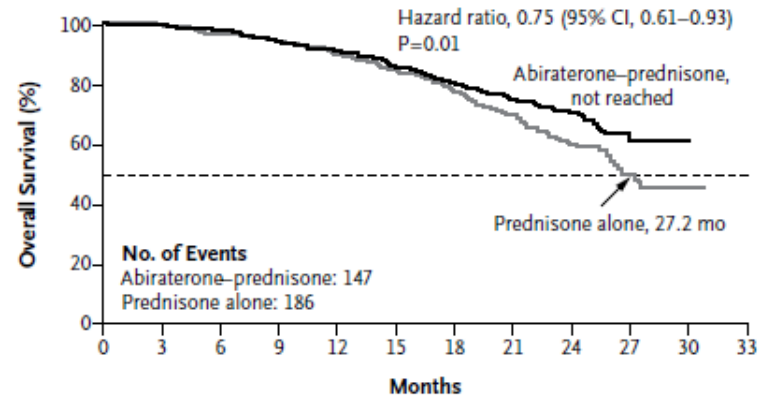
| Event                             | Abiraterone Acetate (N=791) |         |         | Placebo (N= 394) |         |         |
|-----------------------------------|-----------------------------|---------|---------|------------------|---------|---------|
|                                   | All Grades                  | Grade 3 | Grade 4 | All Grades       | Grade 3 | Grade 4 |
|                                   | <i>number (percent)</i>     |         |         |                  |         |         |
| Anemia                            | 178 (23)                    | 51 (6)  | 8 (1)   | 104 (26)         | 23 (6)  | 6 (2)   |
| Thrombocytopenia                  | 28 (4)                      | 8 (1)   | 3 (<1)  | 13 (3)           | 1 (<1)  | 1 (<1)  |
| Neutropenia                       | 7 (1)                       | 1 (<1)  | 0       | 1 (<1)           | 1 (<1)  | 0       |
| Febrile neutropenia               | 0                           | 0       | 0       | 0                | 0       | 0       |
| Diarrhea                          | 139 (18)                    | 5 (1)   | 0       | 53 (14)          | 5 (1)   | 0       |
| Fatigue                           | 346 (44)                    | 64 (8)  | 2 (<1)  | 169 (43)         | 36 (9)  | 3 (1)   |
| Asthenia                          | 104 (13)                    | 18 (2)  | 0       | 52 (13)          | 7 (2)   | 1 (<1)  |
| Back pain                         | 233 (30)                    | 44 (6)  | 3 (<1)  | 129 (33)         | 37 (9)  | 1 (<1)  |
| Nausea                            | 233 (30)                    | 12 (2)  | 1 (<1)  | 124 (32)         | 10 (3)  | 0       |
| Vomiting                          | 168 (21)                    | 13 (2)  | 1 (<1)  | 97 (25)          | 11 (3)  | 0       |
| Hematuria                         | 65 (8)                      | 11 (1)  | 0       | 31 (8)           | 9 (2)   | 0       |
| Abdominal pain                    | 95 (12)                     | 16 (2)  | 0       | 44 (11)          | 6 (2)   | 0       |
| Pain in arm or leg                | 134 (17)                    | 18 (2)  | 1 (<1)  | 79 (20)          | 20 (5)  | 0       |
| Dyspnea                           | 102 (13)                    | 8 (1)   | 2 (<1)  | 46 (12)          | 7 (2)   | 2 (<1)  |
| Constipation                      | 206 (26)                    | 8 (1)   | 0       | 120 (31)         | 4 (1)   | 0       |
| Pyrexia                           | 71 (9)                      | 3 (<1)  | 0       | 35 (9)           | 5 (1)   | 0       |
| Arthralgia                        | 215 (27)                    | 33 (4)  | 0       | 89 (23)          | 16 (4)  | 0       |
| Urinary tract infection           | 91 (12)                     | 17 (2)  | 0       | 28 (7)           | 2 (<1)  | 0       |
| Pain                              | 13 (2)                      | 5 (1)   | 0       | 19 (5)           | 6 (2)   | 1 (<1)  |
| Bone pain                         | 194 (25)                    | 42 (5)  | 2 (<1)  | 110 (28)         | 25 (6)  | 4 (1)   |
| Fluid retention and edema         | 241 (31)                    | 16 (2)  | 2 (<1)  | 88 (22)          | 4 (1)   | 0       |
| Hypokalemia                       | 135 (17)                    | 27 (3)  | 3 (<1)  | 33 (8)           | 3 (1)   | 0       |
| Cardiac disorder*                 | 106 (13)                    | 26 (3)  | 7 (1)   | 42 (11)          | 7 (2)   | 2 (<1)  |
| Liver-function test abnormalities | 82 (10)                     | 25 (3)  | 2 (<1)  | 32 (8)           | 10 (3)  | 2 (<1)  |
| Hypertension                      | 77 (10)                     | 10 (1)  | 0       | 31 (8)           | 1 (<1)  | 0       |

# COU-AA-302

**A Radiographic Progression-free Survival**



**B Overall Survival**



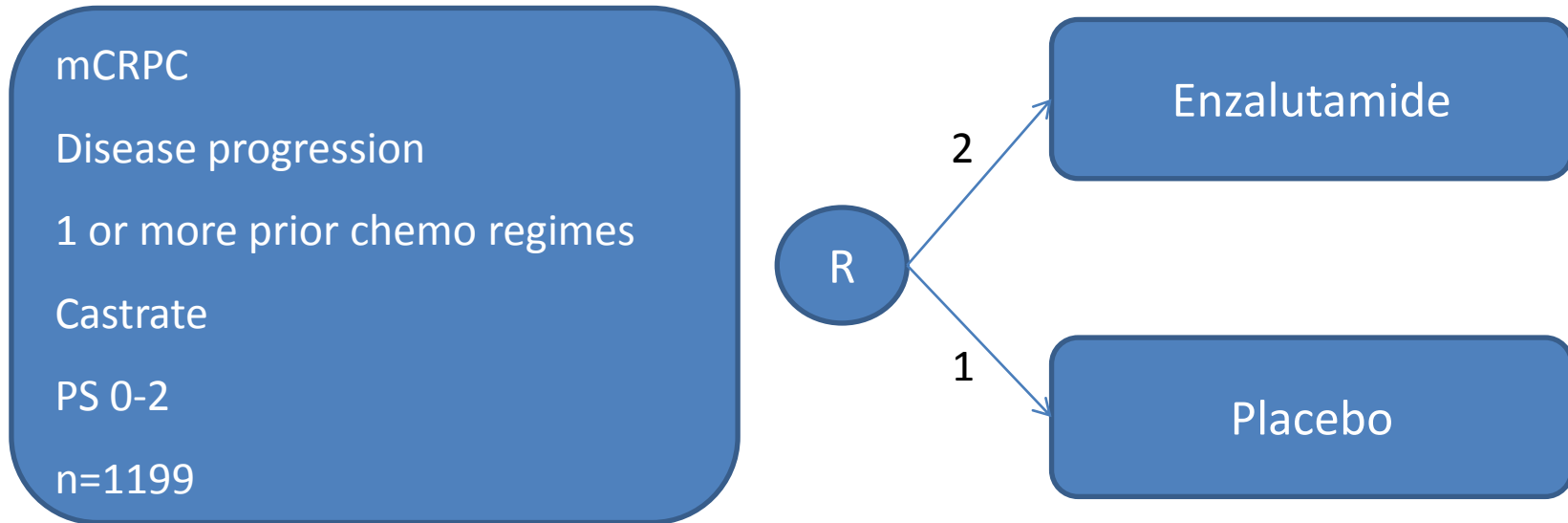


# COU-AA-302

**Table 1.** Prespecified Secondary and Exploratory Efficacy End Points.\*

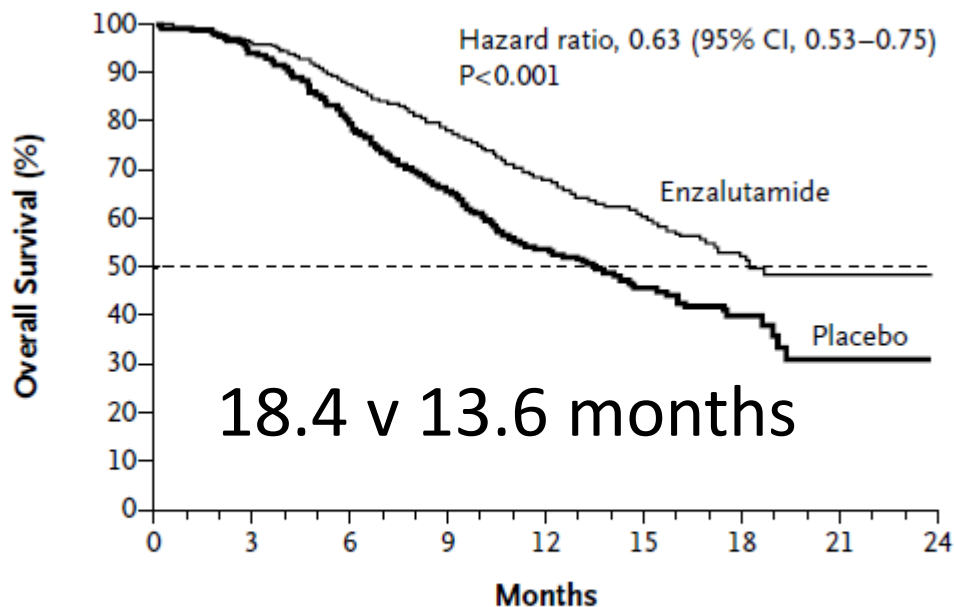
| End Point                                                                       | Abiraterone–<br>Prednisone<br>(N = 546) | Prednisone<br>Alone<br>(N = 542) | Value<br>(95% CI)† | P Value |
|---------------------------------------------------------------------------------|-----------------------------------------|----------------------------------|--------------------|---------|
| <b>Secondary end points</b>                                                     |                                         |                                  |                    |         |
| Median time to opiate use for cancer-related pain — mo                          | NR                                      | 23.7                             | 0.69 (0.57–0.83)   | <0.001  |
| Median time to initiation of cytotoxic chemotherapy — mo                        | 25.2                                    | 16.8                             | 0.58 (0.49–0.69)   | <0.001  |
| Median time to decline in ECOG performance score by<br>≥1 point — mo            | 12.3                                    | 10.9                             | 0.82 (0.71–0.94)   | 0.005   |
| Median time to PSA progression — mo‡                                            | 11.1                                    | 5.6                              | 0.49 (0.42–0.57)   | <0.001  |
| <b>Exploratory end points§</b>                                                  |                                         |                                  |                    |         |
| Median time to increase in pain — mo¶                                           | 26.7                                    | 18.4                             | 0.82 (0.67–1.00)   | 0.049   |
| Median time to functional-status decline measured<br>as FACT-P total score — mo | 12.7                                    | 8.3                              | 0.78 (0.66–0.92)   | 0.003   |
| Patients with decline of ≥50% in PSA level — %**                                | 62                                      | 24                               | 2.59 (2.19–3.05)†† | <0.001  |
| Patients with a RECIST response — %‡‡                                           |                                         |                                  |                    |         |
| Defined objective response                                                      | 36                                      | 16                               | 2.27 (1.59–3.25)†† | <0.001  |
| Stable disease                                                                  | 61                                      | 69                               |                    |         |
| Progressive disease                                                             | 2                                       | 15                               |                    |         |

# AFFIRM design



# Enzalutamide (MDV3100)

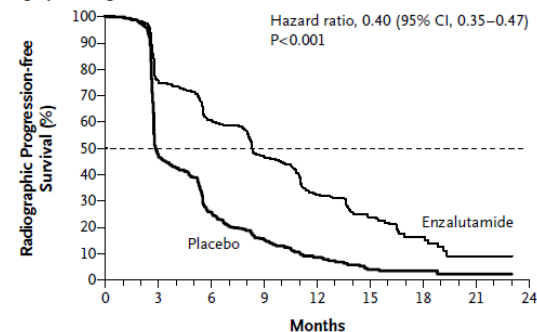
**A Overall Survival**



**No. at Risk**

|              |     |     |     |     |     |     |    |   |   |
|--------------|-----|-----|-----|-----|-----|-----|----|---|---|
| Enzalutamide | 800 | 775 | 701 | 627 | 400 | 211 | 72 | 7 | 0 |
| Placebo      | 399 | 376 | 317 | 263 | 167 | 81  | 33 | 3 | 0 |

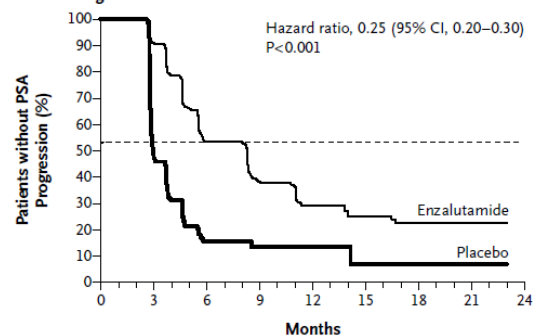
**C Radiographic Progression-free Survival**



**No. at Risk**

|              |     |     |     |     |     |    |    |   |   |
|--------------|-----|-----|-----|-----|-----|----|----|---|---|
| Enzalutamide | 800 | 583 | 447 | 287 | 140 | 58 | 13 | 1 | 0 |
| Placebo      | 399 | 176 | 86  | 46  | 20  | 7  | 3  | 0 | 0 |

**B Time to PSA Progression**



**No. at Risk**

|              |     |     |     |     |    |    |   |   |   |
|--------------|-----|-----|-----|-----|----|----|---|---|---|
| Enzalutamide | 800 | 603 | 287 | 145 | 68 | 27 | 7 | 1 | 0 |
| Placebo      | 399 | 107 | 12  | 5   | 2  | 1  | 0 | 0 | 0 |

QOL benefit also seen

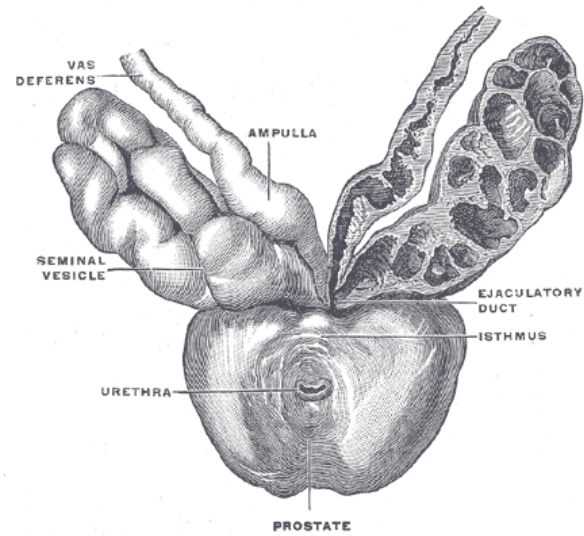
# Enzalutamide (MDV3100)

**Table 3. Adverse Events, According to Grade.**

| Adverse Event                                          | Enzalutamide (N= 800)               |                | Placebo (N= 399) |                |
|--------------------------------------------------------|-------------------------------------|----------------|------------------|----------------|
|                                                        | Any Grade                           | Grade $\geq 3$ | Any Grade        | Grade $\geq 3$ |
|                                                        | <i>number of patients (percent)</i> |                |                  |                |
| $\geq 1$ Adverse event                                 | 785 (98)                            | 362 (45)       | 390 (98)         | 212 (53)       |
| Any serious adverse event                              | 268 (34)                            | 227 (28)       | 154 (39)         | 134 (34)       |
| Discontinuation owing to adverse event                 | 61 (8)                              | 37 (5)         | 39 (10)          | 28 (7)         |
| Adverse event leading to death                         | 23 (3)                              | 23 (3)         | 14 (4)           | 14 (4)         |
| Frequent adverse events more common with enzalutamide* |                                     |                |                  |                |
| Fatigue                                                | 269 (34)                            | 50 (6)         | 116 (29)         | 29 (7)         |
| Diarrhea                                               | 171 (21)                            | 9 (1)          | 70 (18)          | 1 (<1)         |
| Hot flash                                              | 162 (20)                            | 0              | 41 (10)          | 0              |
| Musculoskeletal pain                                   | 109 (14)                            | 8 (1)          | 40 (10)          | 1 (<1)         |
| Headache                                               | 93 (12)                             | 6 (<1)         | 22 (6)           | 0              |
| Clinically significant adverse events                  |                                     |                |                  |                |
| Cardiac disorder                                       |                                     |                |                  |                |
| Any                                                    | 49 (6)                              | 7 (1)          | 30 (8)           | 8 (2)          |
| Myocardial infarction                                  | 2 (<1)                              | 2 (<1)         | 2 (<1)           | 2 (<1)         |
| Abnormality on liver-function testing†                 | 8 (1)                               | 3 (<1)         | 6 (2)            | 3 (<1)         |
| Seizure                                                | 5 (<1)                              | 5 (<1)         | 0                | 0              |

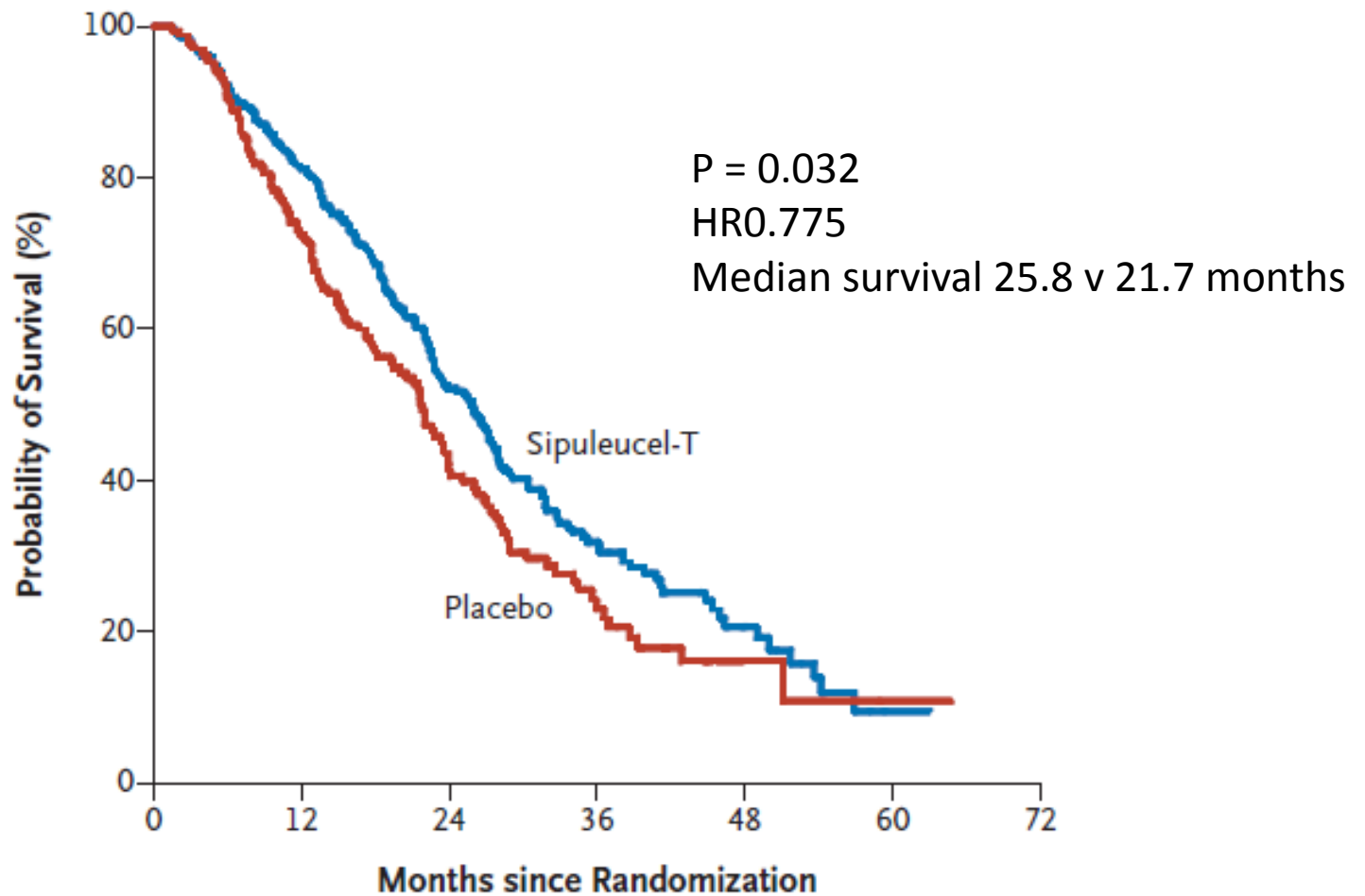
# New hormonal therapy conclusions

- Abiraterone and enzalutamide prove AR signalling remains critical throughout
- Relatively easy treatments
- We don't know when best to use them
- Predictors of benefit required



# IMMUNOTHERAPY

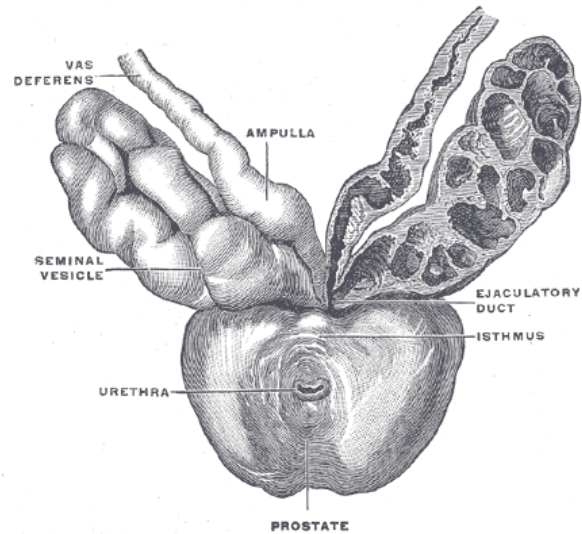
# Sipuleucel T



# Sipuleucel conclusions

- Proves immunotherapy can work
  - Probably in minimally symptomatic patients without visceral disease
  - Minimal toxicity
- 
- An irrelevance in the UK? - \$93000





# RADIO-PHARMACEUTICALS

# Radionuclides

- Strontium 89
- Samarium 153
- Rhenium 186
- Alpharadin

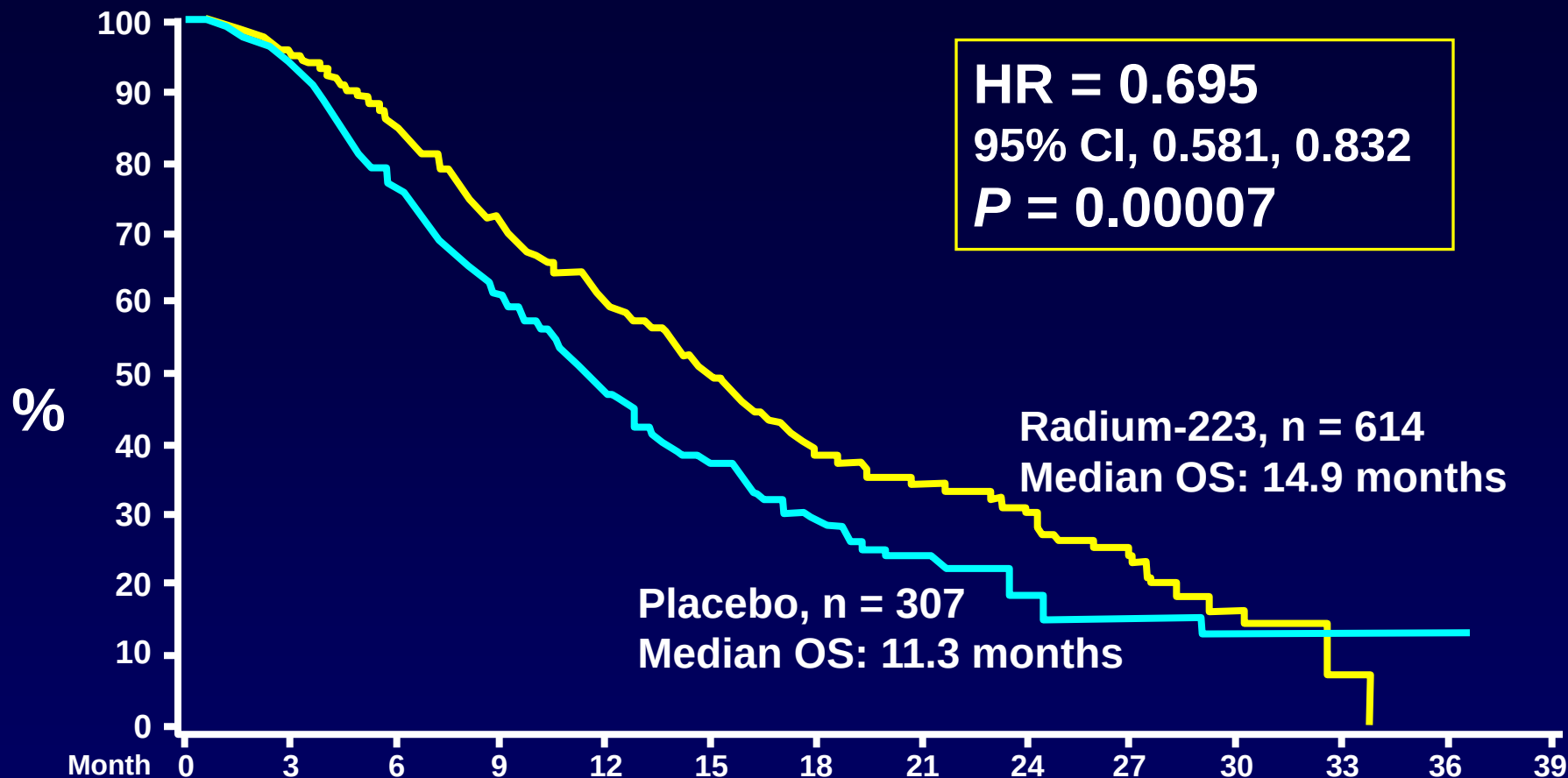
# Periodic table

|          |          |          |           |           |           |           |           |           |           |           |           |            |           |            |           |            |            |
|----------|----------|----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|------------|-----------|------------|-----------|------------|------------|
| 1<br>H   |          |          |           |           |           |           |           |           |           |           |           |            |           |            |           |            | 2<br>He    |
| 3<br>Li  | 4<br>Be  |          |           |           |           |           |           |           |           |           |           | 5<br>B     | 6<br>C    | 7<br>N     | 8<br>O    | 9<br>F     | 10<br>Ne   |
| 11<br>Na | 12<br>Mg |          |           |           |           |           |           |           |           |           |           | 13<br>Al   | 14<br>Si  | 15<br>P    | 16<br>S   | 17<br>Cl   | 18<br>Ar   |
| 19<br>K  | 20<br>Ca | 21<br>Sc | 22<br>Ti  | 23<br>V   | 24<br>Cr  | 25<br>Mn  | 26<br>Fe  | 27<br>Co  | 28<br>Ni  | 29<br>Cu  | 30<br>Zn  | 31<br>Ga   | 32<br>Ge  | 33<br>As   | 34<br>Se  | 35<br>Br   | 36<br>Kr   |
| 37<br>Rb | 38<br>Sr | 39<br>Y  | 40<br>Zr  | 41<br>Nb  | 42<br>Mo  | 43<br>Tc  | 44<br>Ru  | 45<br>Rh  | 46<br>Pd  | 47<br>Ag  | 48<br>Cd  | 49<br>In   | 50<br>Sn  | 51<br>Sb   | 52<br>Te  | 53<br>I    | 54<br>Xe   |
| 55<br>Cs | 56<br>Ba |          | 72<br>Hf  | 73<br>Ta  | 74<br>W   | 75<br>Re  | 76<br>Os  | 77<br>Ir  | 78<br>Pt  | 79<br>Au  | 80<br>Hg  | 81<br>Tl   | 82<br>Pb  | 83<br>Bi   | 84<br>Po  | 85<br>At   | 86<br>Rn   |
| 87<br>Fr | 88<br>Ra |          | 104<br>Rf | 105<br>Db | 106<br>Sg | 107<br>Bh | 108<br>Hs | 109<br>Mt | 110<br>Ds | 111<br>Rg | 112<br>Cn | 113<br>Uut | 114<br>Fl | 115<br>Uup | 116<br>Lv | 117<br>Uus | 118<br>Uuo |

|          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 57<br>La | 58<br>Ce | 59<br>Pr | 60<br>Nd | 61<br>Pm | 62<br>Sm | 63<br>Eu | 64<br>Gd | 65<br>Tb | 66<br>Dy | 67<br>Ho | 68<br>Er | 69<br>Tm | 70<br>Yb | 71<br>Lu |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|

|          |          |          |         |          |          |          |          |          |          |          |           |           |           |           |
|----------|----------|----------|---------|----------|----------|----------|----------|----------|----------|----------|-----------|-----------|-----------|-----------|
| 89<br>Ac | 90<br>Th | 91<br>Pa | 92<br>U | 93<br>Np | 94<br>Pu | 95<br>Am | 96<br>Cm | 97<br>Bk | 98<br>Cf | 99<br>Es | 100<br>Fm | 101<br>Md | 102<br>No | 103<br>Lr |
|----------|----------|----------|---------|----------|----------|----------|----------|----------|----------|----------|-----------|-----------|-----------|-----------|

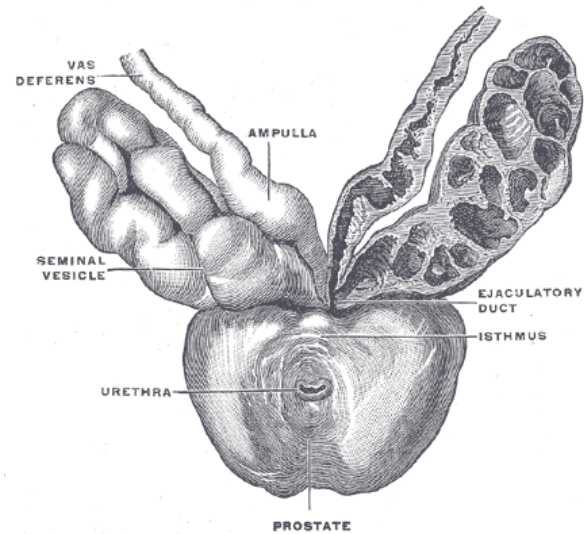
# Alpharadin



|            |     |     |     |     |     |     |     |    |    |    |   |   |   |   |
|------------|-----|-----|-----|-----|-----|-----|-----|----|----|----|---|---|---|---|
| Radium-223 | 614 | 578 | 504 | 369 | 274 | 178 | 105 | 60 | 41 | 18 | 7 | 1 | 0 | 0 |
| Placebo    | 307 | 288 | 228 | 157 | 103 | 67  | 39  | 24 | 14 | 7  | 4 | 2 | 1 | 0 |

# Alphardin

- Improvements also seen in
  - QOL
  - Time to first SRE
- Generally good toxicity profile

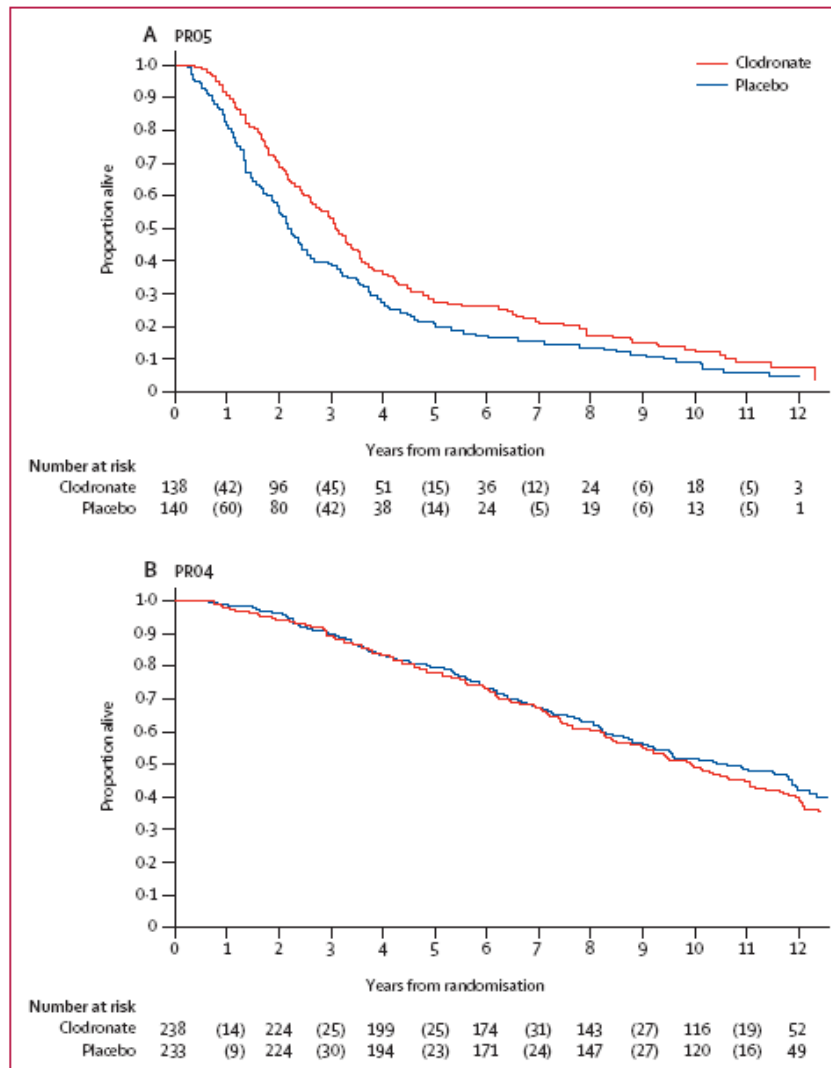


# BONE DIRECTED THERAPIES

# Bisphosphonates

- Inhibitors of osteoclasts and therefore bone re-absorption
- Used in osteoporosis with proven benefit
- Used to treat malignant hypercalcaemia
- Used for malignant bone pain
- Investigated in a variety of solid malignancies including prostate

# Clodronate



## PR05

311 with mets on ADT

Clodronate vs placebo 3yrs

## PR04

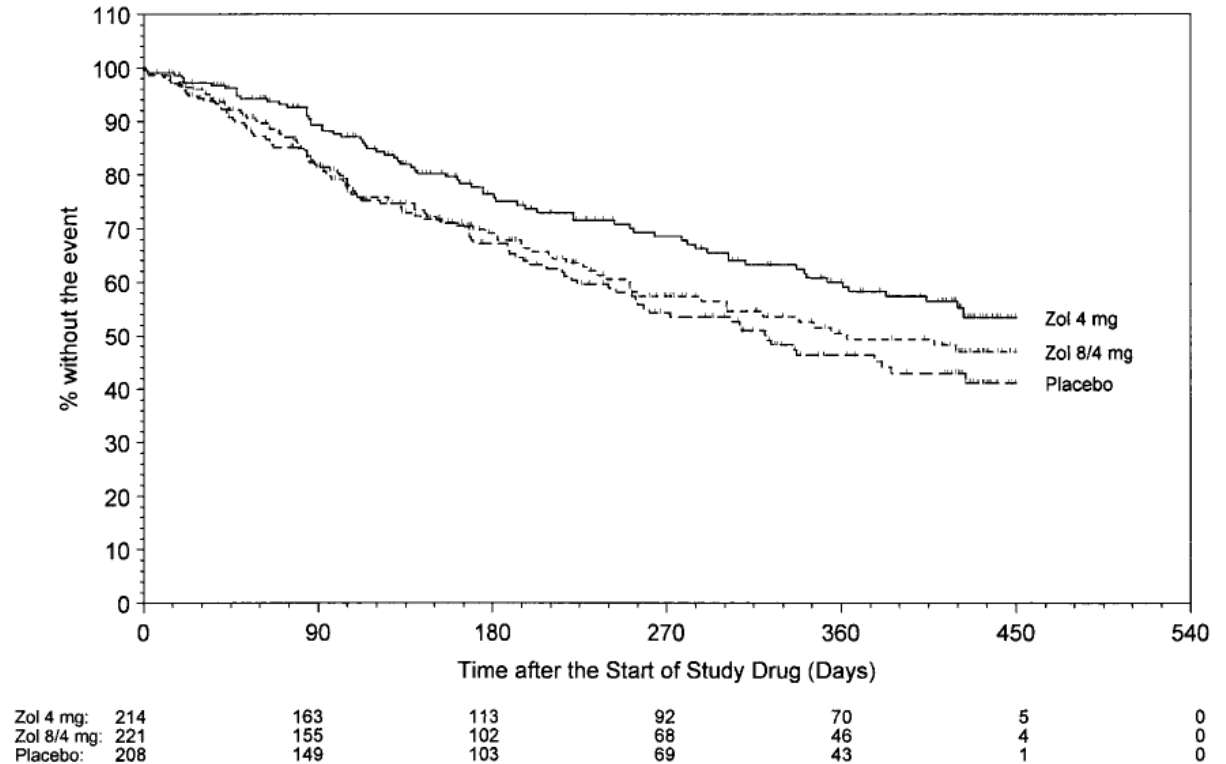
508 non-mets RT/ADT/both

Clodronate vs placebo 5yrs

Dearnaley et al, Lancet  
Oncology 2009



# Zoledronate

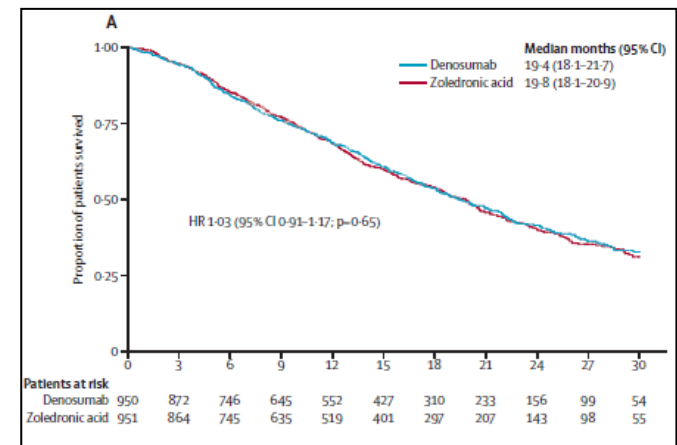
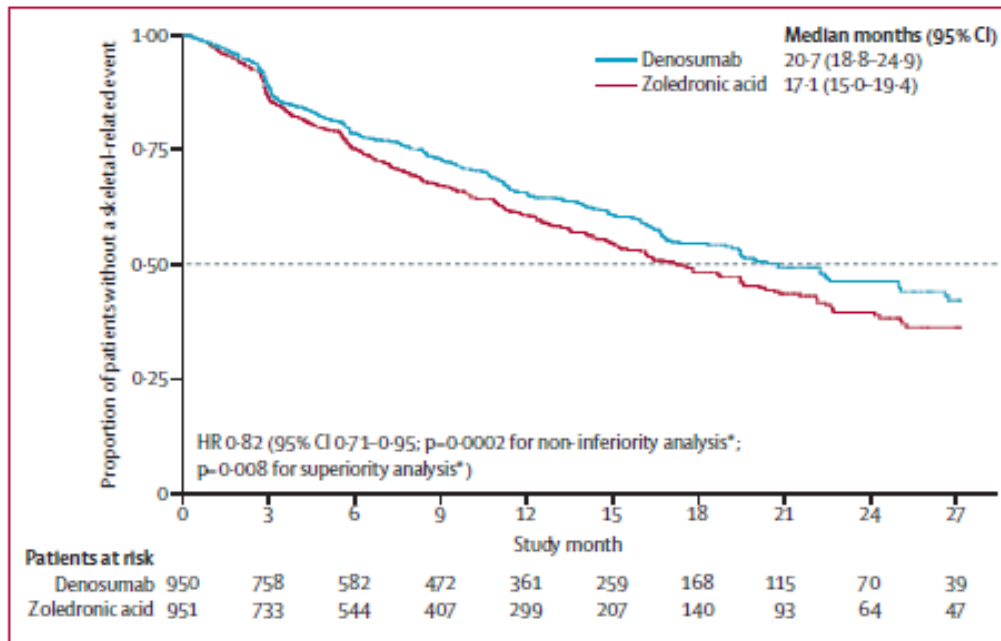


## Skeletal-related events:

- pathologic bone fractures
- spinal cord compression
- surgery to bone
- radiation therapy to bone
- antineoplastic therapy to treat bone pain

No QOL difference

# Denosumab v Zoledroante in bony mCRPC

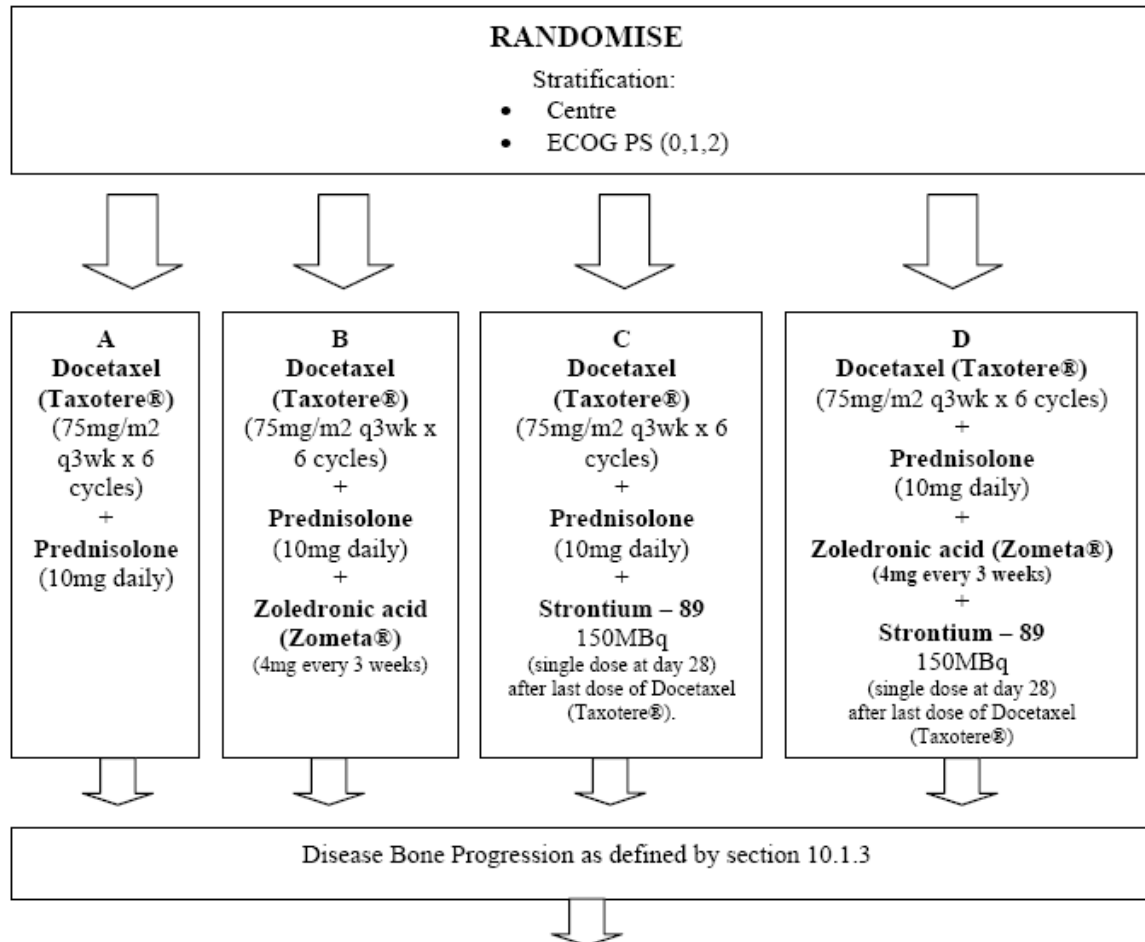


time to first on-study skeletal related event:

- pathological fracture
- radiation therapy
- surgery to bone
- spinal cord compression

No QOL difference

# Trapeze



# Case history

- 64 year old retired engineer
  - LUTS
  - No PMH, no other medications
  - PSA 12, abnormal DRE
  - TRUS biopsies: Gleason 9 (4+5), vascular invasion
  - No small cell or neuro-endocrine elements
  - MRI pelvis/bone scan: T2c N0 M0
- Radical prostatectomy
  - Tumour fixed to rectum
  - Final pathology showed seminal vesicle involvement and extra-prostatic spread

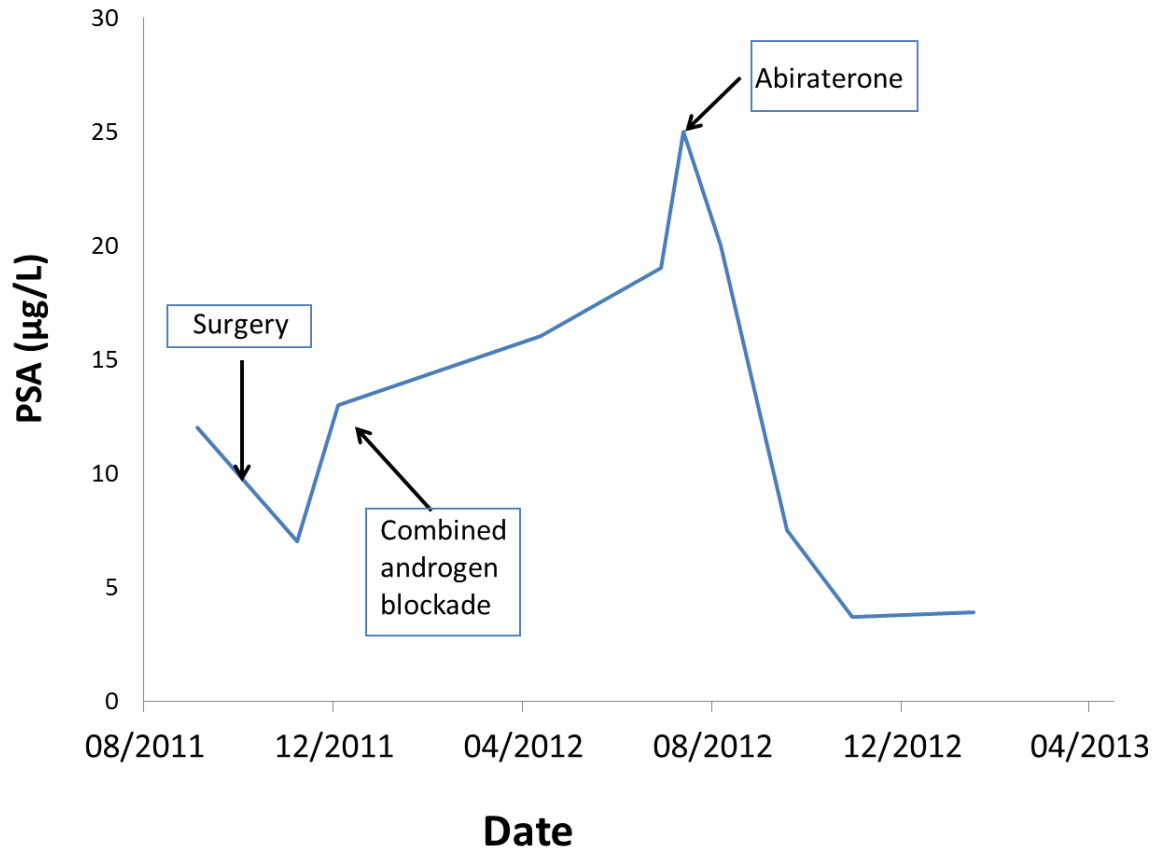
# Case history

- Swift biochemical progression (months)
  - PSA rose from 7 to 13
  - Pelvic MRI lymphadenopathy and bone metastases
  - Commenced CAB (goserelin and bicalutamide)
- 4 months later
  - PSA 16
  - PS=0
  - Referred for 'further palliative systemic therapy'
- Clinically well
  - Restaged: minor increase in pelvic lymphadenopathy and bony metastases
  - PSA 19
  - Left hip pain, moderate severity but patient remained active
  - PS=1
  - Stopped bicalutamide

# Treatment options

- Observation
- Dexamethasone
- Stilboestrol
- Abiraterone
- Docetaxel chemotherapy
- Ketoconazole
- Sipuleucel–T
- Other

# Outcome



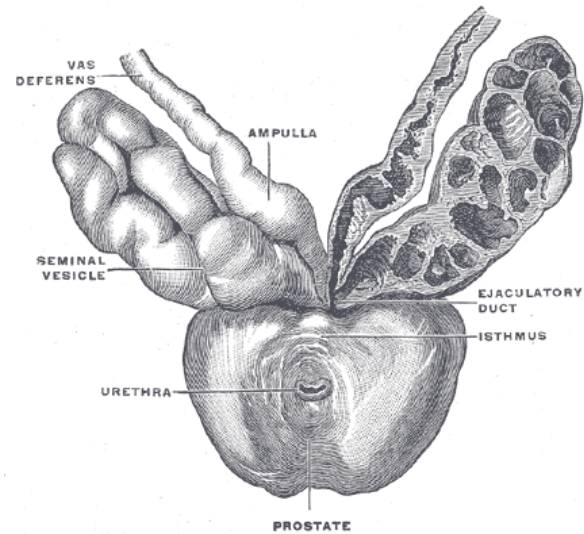
PS=0

Pain free (never had RT to hip)

Reduction in lymphadenopathy

Sclerotic change in bony disease

Transient BP rise

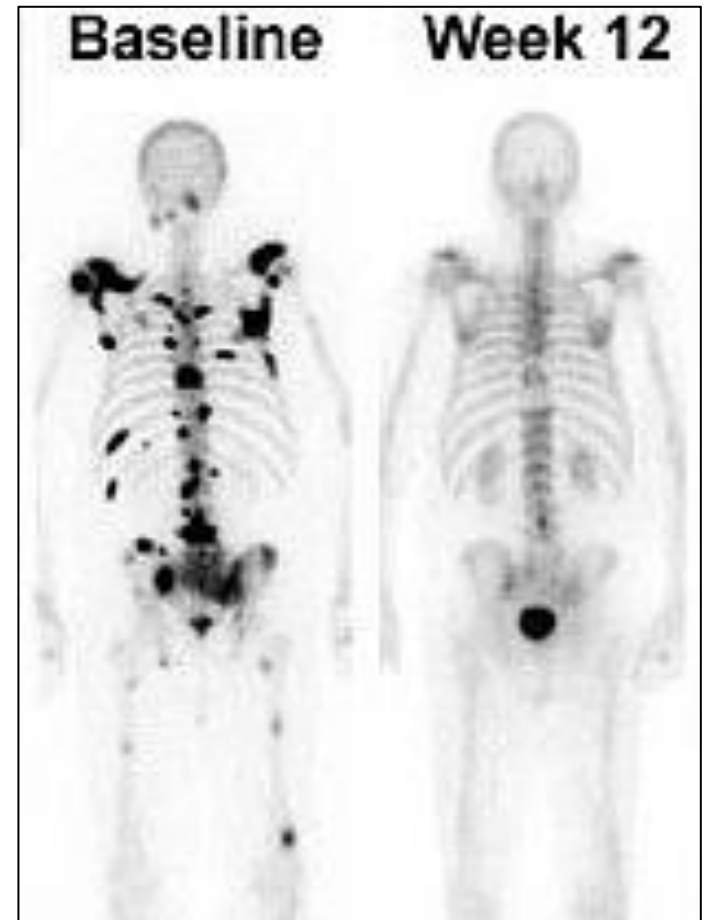
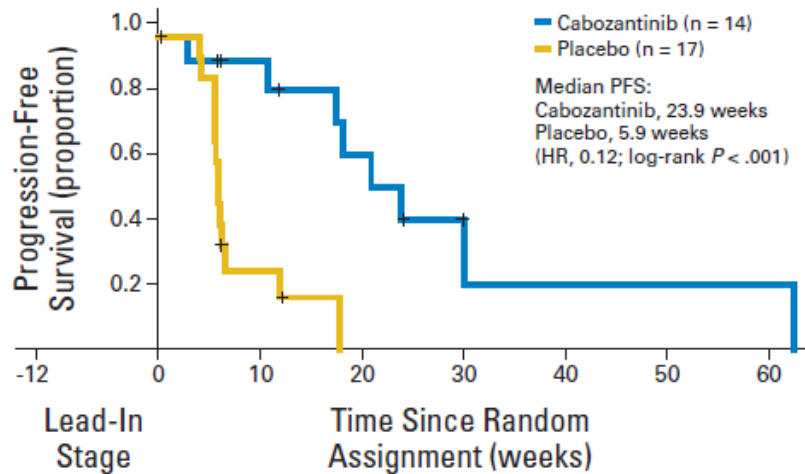


# EXPERIMENTAL APPROACHES



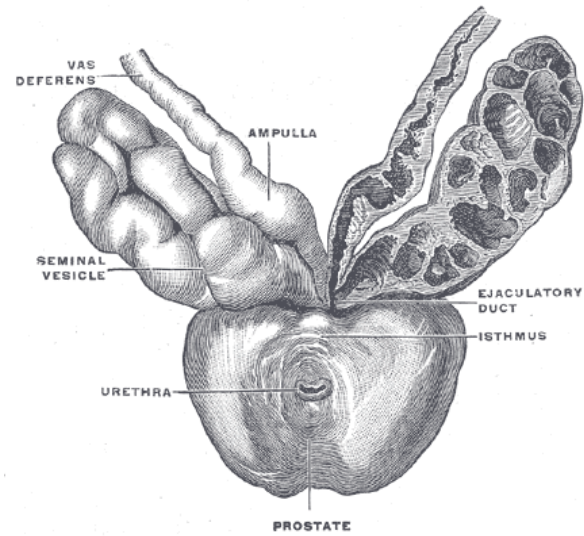
# Cabozantinib (XL184)

- Oral cMET and VEGFR2 inhibitor
- Phase II
  - At 12 weeks, DCR=80%
  - 72% soft tissue response rate
  - 68% bone scan response rate (12%CR)
  - 67% pain improvement



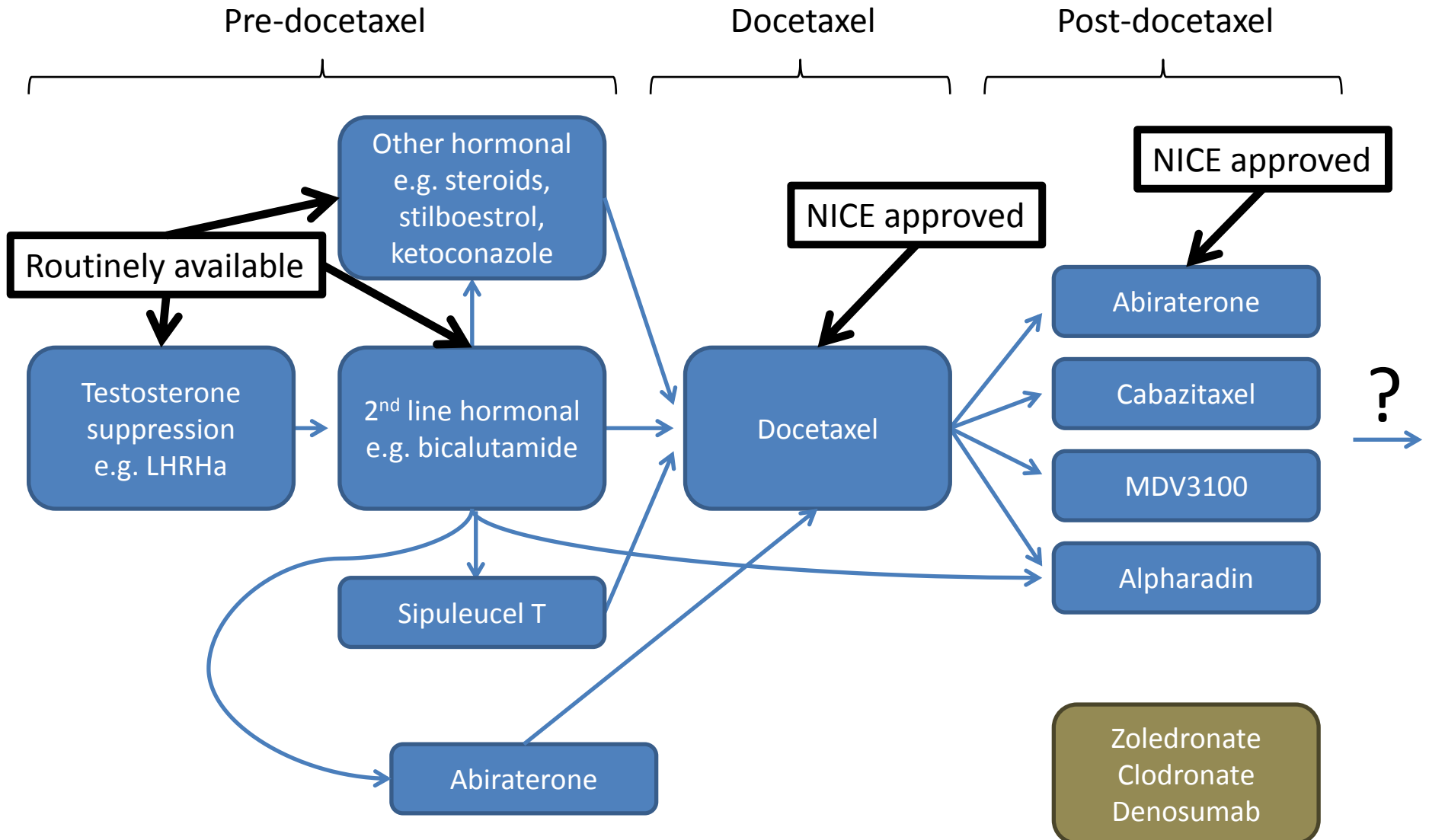
# Others in testing

- Ipilimumab
- ~~Lenalidamide~~
- ~~VEGF-Trap~~
- PI3K/AKT inhibitors
- Src inhibitors
  - ~~Dasatinib~~
  - Saracatinib
- ~~Sunitinib~~



# DRUG ACCESS

# Drug Access – early 2013

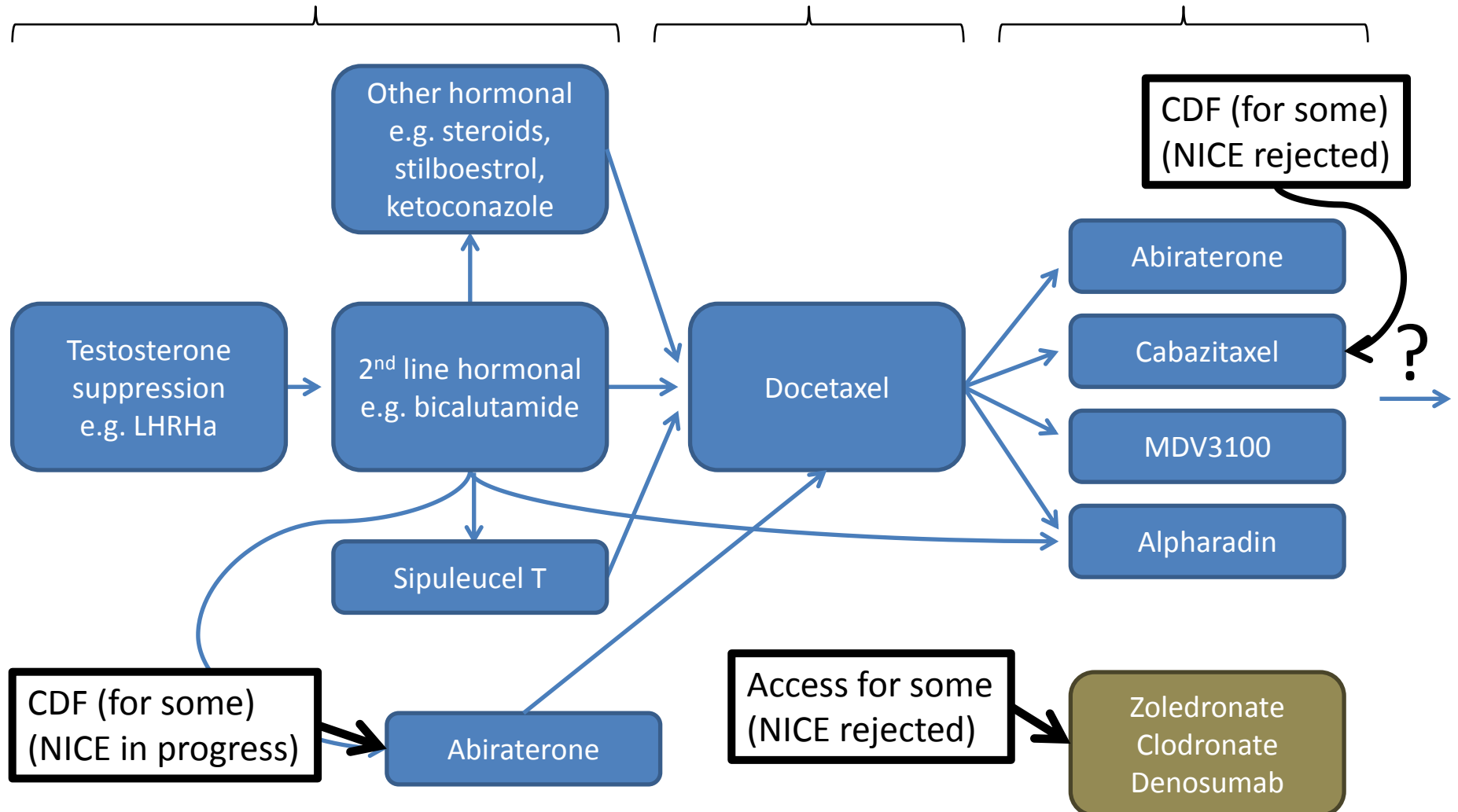


# Drug Access – early 2013

Pre-docetaxel

Docetaxel

Post-docetaxel

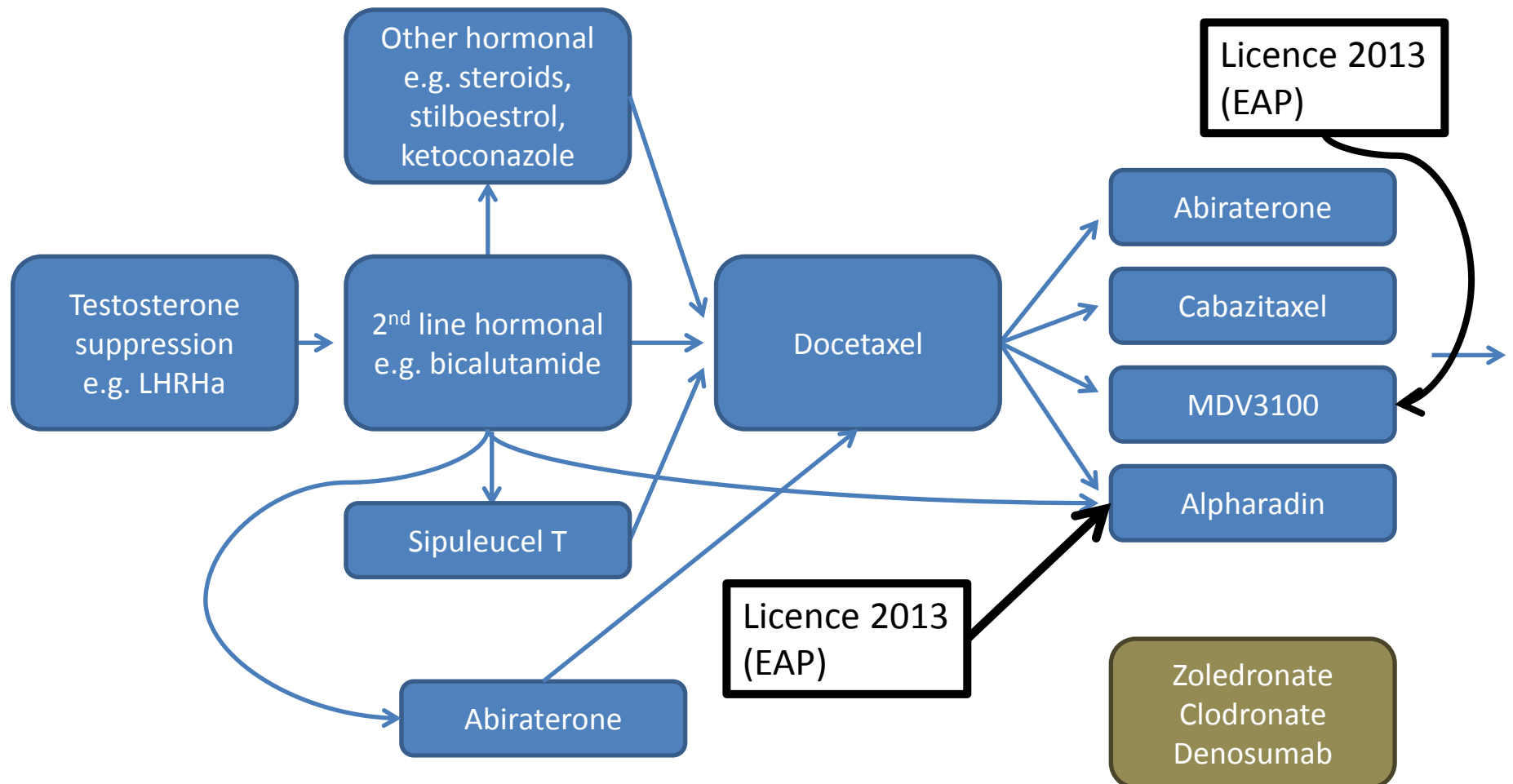


# Drug Access – early 2013

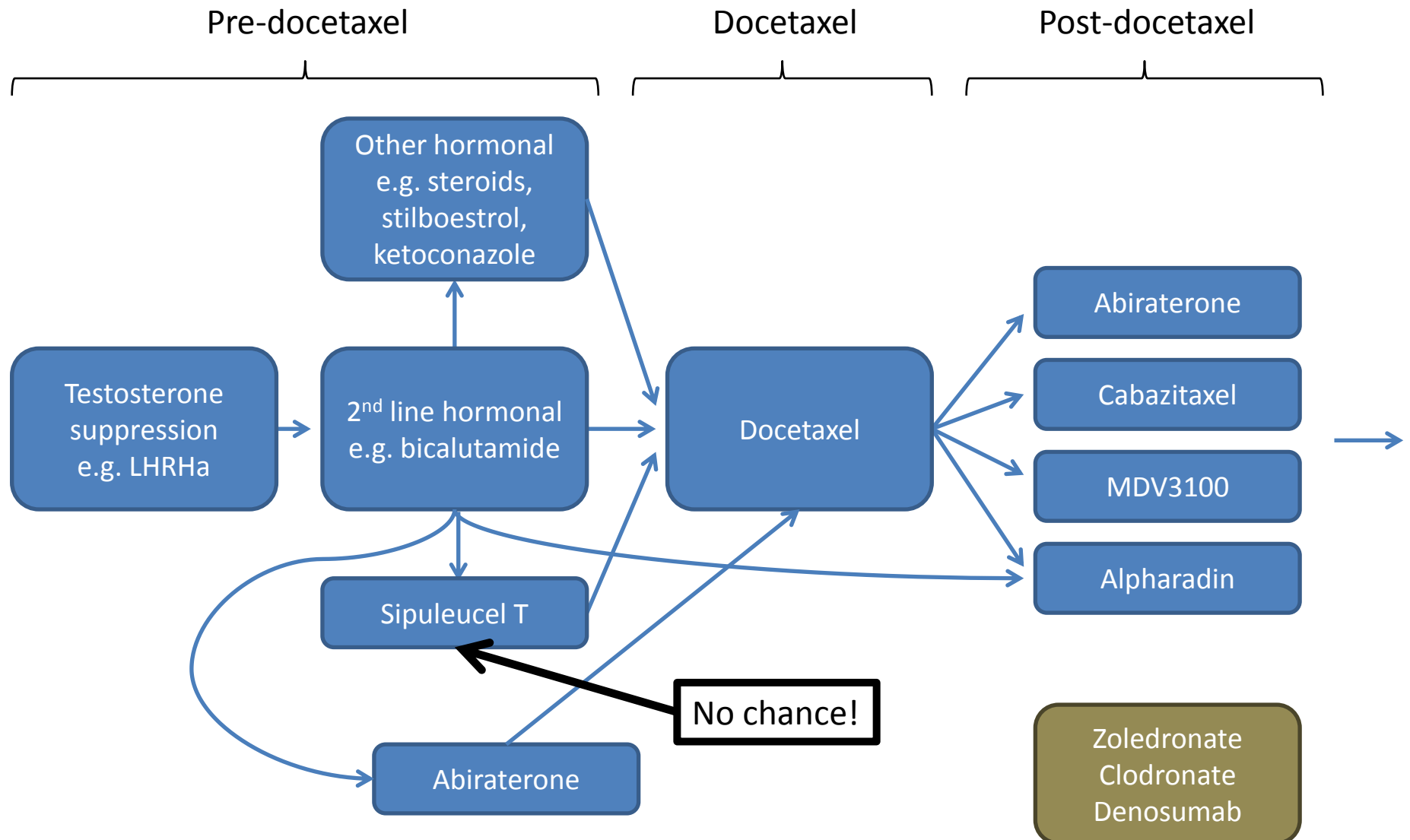
Pre-docetaxel

Docetaxel

Post-docetaxel



# Metastatic prostate cancer – 2013



# General conclusions

- Major changes in treatment options have and are occurring
- Sequencing remains unclear
- Treatment selection strategies urgently needed
- Access remains an issue for many
- Further research needed